



Australian Government
Department of Health
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	286073	Lifelong Vitality Pack
ARTG entry for	Medicine Listed	
Sponsor	doTERRA Australia Pty Ltd	
Postal Address	102 / 271 Wellington Road, Mulgrave, VIC, 3170 Australia	
ARTG Start Date	23/02/2017	
Product category	Medicine	
Status	Active	
Approval area	Listed Medicines	

Conditions

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1. Lifelong Vitality Pack

Product Type	Medicine Kit	Effective date	23/02/2017
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Permitted Indications

No Permitted Indications included on Record

Indication Requirements

No Indication Requirements included on Record

Standard Indications

- May assist in the prevention of mineral [XX] deficiency when dietary intake is inadequate
- Source of calcium. Women's calcium requirements are increased after menopause.
- Source of calcium. Adequate dietary calcium in our youth and throughout life is required to maximise bone.
- Beneficial during times of stress. [Warning S required]
- Helps maintain normal blood/blood tonic (Note: These claims are appropriate for folic acid, vitamin B12 and iron, but must not imply anaemic conditions)
- Protects capillaries.
- Maintain health of capillaries.
- Source of iron. Iron is necessary for the formation of haemoglobin which transports oxygen to the tissues.
- Aids digestion.
- Helps maintain healthy digestive function.
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Eyes formula. Support of healthy eye function.
- Maintenance of healthy eyes.
- Maintain/support eye health
- Maintain/support healthy/normal eyesight/vision
- May assist in the prevention of vitamin [XX] deficiency when dietary intake is inadequate
- Aids, assists or helps in the maintenance of general well-being

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Indications

- * Contains Fish oil, which supports the health and function of the brain.
- * Contains Fish oil, which supports cognitive health.
- * Contains Fish oil, which supports normal/healthy cognitive/brain function.
- * Contains DHA, which is one of the most abundant fatty acids in the brain.
- * Contains DHA, which is required for normal/healthy brain function.
- * Contains Fish oil, which helps support the development of the brain, eyes and nerves in children up to 12 years of age.
- * Contains DHA, which is essential for the proper growth and development of the brain, nervous system, and for the retina of the eyes.
- * Contains DHA, which plays an important role in the growth and development of the brain during the third trimester.
- * Contains DHA, which is essential for neural and visual development during the first 6 months of life.
- * Contains omega 3 fatty acids, which are essential for normal growth and development.
- * Contains nutrients that support the health and function of the cardiovascular system.
- * Contains Fish oil, which supports the health and function of the cardiovascular system.
- * Contains Vitamin E, which supports the health and function of the cardiovascular system.
- * Contains Vitamin D, which is important for cardiovascular health.
- * Contains Fish oil, a natural source of marine omega 3 fatty acids.
- * Contains Omega 3 fatty acids, which are important as the body cannot produce them and they can therefore only be obtained from the diet.
- * Contains Fish oil, a source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for the maintenance of good health.
- * Contains nutrients that support the health and function of the nervous system.
- * Contains Fish oil, which supports the health and function of the nervous system.
- * Contains Fish oil, which supports normal/healthy nervous system function.
- * Contains Omega 3 fatty acids, which support the normal/healthy function of the nervous system.
- * Contains Omega 3 fatty acids, which support the health and function of the myelin sheath.
- * Contains Vitamin D, which supports the health and function of the nervous system.
- * Contains Vitamin D, which supports neuromuscular function.
- * Contains Vitamin D, which maintains muscle strength and has an effect in skeletal muscle and myocardial function.
- * Contains nutrients that support the health and function of the eyes.
- * Contains Fish oil, which supports the health and function of the eyes.
- * Contains DHA, which supports the health and function of the retina.
- * Contains Beta-carotene, which supports the health and function of the eyes.
- * Beta-carotene is converted into Vitamin A, which plays an important role in vision.
- * Lutein is found in the macula and is a major component of macular pigment.
- * Higher macular pigment density is associated with the preservation of visual sensitivity.
- * Contains Lutein, which can assist in inhibiting damage to the photoreceptor cell layer.
- * Contains Lutein, which is found in high concentrations in the eye where it filters out blue light, and therefore helps to protect the structures of the eye.
- * Contains Lutein, which may help to protect ocular tissues from photodamage.
- * EPA is the precursor of the 3 series of prostaglandins in the body.
- * Polyunsaturated fatty acids, such as those found in fish oil, are used in the body in the manufacture of prostaglandins.
- * Contains nutrients that support normal/healthy immune system function.
- * Contains Beta-carotene, which may support normal/healthy immune system function.
- * Contains Vitamin E, which supports normal/healthy immune system function.
- * Contains Vitamin E, which supports the health and function of the immune system.
- * Contains Vitamin D, which supports the health and function of the immune system.
- * Contains antioxidant nutrients.
- * Contains nutrients that have antioxidant activity.
- * Contains antioxidant nutrients that may assist in protecting the body from the effects of free radical damage.
- * Contains Vitamin E, which is a fat-soluble antioxidant and may therefore assist in protecting the body from the effects of free radical damage.
- * Contains Vitamin E, which helps to protect the polyunsaturated fatty acids in cell membranes from free radical damage.
- * Contains the antioxidant Vitamin E, which may assist in protecting the body from the effects of free radical damage.
- * Vitamin E has antioxidant activity.
- * Contains Lutein, which has antioxidant activity and may therefore assist in protecting the body from the effects of free radical damage.
- * Lutein has antioxidant activity.
- * Contains Vitamin D, which is involved in the regulation of cell growth, proliferation, differentiation and apoptosis.
- * Contains Vitamin D, which is mainly produced in our skin by a reaction that requires sunlight. People who limit their exposure to sunlight may have an increased need for Vitamin D supplementation.
- * Contains Vitamin D, which is important for bone health.
- * Contains Vitamin D, which helps to maintain serum calcium and phosphorus levels, which is critical for the normal development of bones and teeth.
- * Contains Vitamin D, which supports the development and maintenance of strong, healthy bones.
- * Contains Vitamin D, which supports healthy bone mineral density.
- * Contains Vitamin D, which supports/ helps maintain bone mineral density.
- * Contains Vitamin D, which plays a role in calcium balance in the body.
- * Contains Riboflavin, which is an antioxidant and may assist in protecting the body from the effects of free radical damage.
- * As an antioxidant, Vitamin C assists in protecting the body from the damaging effects of free radicals.
- * Vitamin C is a potent antioxidant that can reduce the risk of cellular damage from free radicals.
- * Vitamin C can regenerate oxidised vitamin E in the body.
- * Contains Vitamin E, which is a fat-soluble antioxidant and may therefore assist in protecting the body from the effects of free radical damage.
- * Contains Vitamin E, which helps to protect polyunsaturated fatty acids in cell membranes in the body from free radical damage.
- * Contains the antioxidant Vitamin E, which may assist in protecting the body from the effects of free radical damage.
- * Vitamin E has antioxidant activity.
- * Selenium is an antioxidant and therefore may assist in protecting the cells in the body from oxidative damage.
- * Selenium has a role in the antioxidant systems.
- * Assists in protecting cells and tissues from free radical damage.
- * Selenium is an important part of the enzyme glutathione peroxidase, and therefore is involved in the body's antioxidant systems.
- * Selenium is a necessary component of the enzyme glutathione peroxidase, which neutralises hydrogen peroxide in the body. Hydrogen peroxide can cause oxidative damage to the cells of the body.
- * Contains antioxidants, which may assist in protecting the body from the effects of free radical damage.
- * Contains Riboflavin, which contributes to the normal metabolism of iron.
- * Contains Riboflavin, which is involved in the maintenance of normal red blood cells.
- * Contains Pyridoxine (Vitamin B6), which is involved in the formation of haemoglobin and the growth of red blood cells.
- * Contains Folic acid, a form of Folate, which is involved in the formation of red blood cells.



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- * Contains Folic acid, a form of Folate, which is involved in the healthy maturation of red blood cells.
- * Contains Vitamin B12, which is required for red blood cell formation.
- * Contains Vitamin C, which assists in maintaining a normal/healthy cardiovascular system.
- * Calcium plays a role in normal blood coagulation.
- * In the body Calcium is needed for normal blood coagulation.
- * Contains Iron, which helps to form and support the function of red blood cells.
- * Contains Iron, which is involved in the transport of oxygen around the body.
- * Contains Iron, which is involved in the transport of oxygen around the body by haemoglobin.
- * Iron is an essential component of haemoglobin.
- * Contains Iron, which helps to form and support the function of red blood cells.
- * Contains Niacin, which is a component of Glucose tolerance factor.
- * Contains chromium, which is a main component of glucose tolerance factor.
- * Chromium aids in the transport of glucose into the cells.
- * Chromium facilitates the uptake of glucose into the cells.
- * Chromium may assist with the uptake of glucose into the cells.
- * Chromium plays a role in normal healthy blood sugar regulation in healthy people.
- * Chromium is necessary for healthy blood sugar regulation and is involved in carbohydrate metabolism.
- * Contains Chromium, which is involved in normal blood sugar regulation.
- * Chromium supports normal healthy blood sugar regulation in healthy people.
- * Contains ingredients that play a role in healthy blood sugar regulation.
- * Vitamin C is necessary for the manufacture of collagen in the body.
- * Vitamin C plays a role in collagen formation.
- * Vitamin C supports the development and maintenance of bones.
- * Vitamin C supports the development and maintenance of teeth.
- * Vitamin C supports the development and maintenance of cartilage.
- * Vitamin C supports connective tissue formation.
- * Contains Vitamin D, which is important for bone health.
- * Source of calcium. A diet deficient in calcium can lead to osteoporosis in later life.
- * Calcium is involved in the development and maintenance of the bones and teeth.
- * Contains Vitamin D, which helps to maintain serum calcium and phosphorus levels, which is critical for the normal development of bones and teeth.
- * Contains Vitamin D, which supports the development and maintenance of strong, healthy bones.
- * Contains Vitamin D, which supports healthy bone mineral density.
- * Contains Vitamin D, which supports/ helps maintain bone mineral density.
- * Contains Vitamin D, which plays a role in calcium balance in the body.
- * Contains Magnesium, which is a constituent of bone.
- * Contains Magnesium, which helps in the development of healthy bones and teeth.
- * Contains Magnesium, which is important for normal bone structure.
- * Contains ingredients that support the development and maintenance of bones, teeth & cartilage.
- * Contains Thiamine, which contributes to the normal function of the heart.
- * Contains Pyridoxine (Vitamin B6), which supports normal/healthy cardiovascular function.
- * Contains Pyridoxine (Vitamin B6), which is involved in homocysteine metabolism.
- * Vitamin C is involved in the normal breakdown of cholesterol into bile acids.
- * Contains Folic acid, a form of Folate, which helps metabolise homocysteine when taken with Vitamin B6 and Vitamin B12.
- * Supports normal/healthy cardiovascular function.
- * Contains Folic acid, a form of Folate, which is required for some methylation reactions, such as the conversion of homocysteine to methionine.
- * Contains Folic acid, a form of Folate, which supports healthy methylation.
- * Contains Folic acid, a form of Folate, which supports the normal remethylation of homocysteine back to methionine in healthy individuals.
- * Contains Vitamin B12, which supports normal/healthy cardiovascular function.
- * Contains Vitamin D, which is important for cardiovascular health.
- * Calcium plays a vital role in the cycle that regulates the heartbeat.
- * Calcium plays a vital role in normal healthy functioning of the heart.
- * Chromium assists in the maintenance of a healthy cardiovascular system.
- * Chromium supports the health of the cardiovascular system.
- * Contains Magnesium, which may assist in the maintenance of a normal/healthy cardiovascular system.
- * Selenium assists in the maintenance of healthy heart function.
- * Selenium may help to maintain a normal/ healthy cardiovascular system/heart.
- * Supports the maintenance of healthy cardiovascular function.
- * Contains ingredients that support the health of the cardiovascular system.
- * Contains Pyridoxine (Vitamin B6), which is involved in DNA synthesis.
- * Contains Vitamin B12, which is involved in cell growth and replication.
- * Contains Vitamin B12, which supports healthy cellular function.
- * Contains Vitamin E, which supports the health and function of the cardiovascular system.
- * Contains Vitamin D, which is involved in the regulation of cell growth, proliferation, differentiation and apoptosis.
- * Contains Folic acid, a form of Folate, which is essential for proper cellular division.
- * Contains Folic acid, a form of Folate, which is involved in the formation of DNA and cellular division.
- * Contains Folic acid, a form of Folate, which plays a vital role in the synthesis of DNA.
- * Supports healthy DNA methylation.
- * Supports healthy DNA methylation and cell division.
- * Calcium contributes to normal cell division.
- * Supports healthy replication of DNA through health DNA methylation. (Folic acid).
- * Contains Vitamin B12, which is involved in DNA synthesis.
- * Contains Magnesium, which is involved in the synthesis of DNA and RNA.
- * Contains Magnesium, which is required for the synthesis of DNA and RNA.
- * Contains Magnesium, required for the synthesis of DNA.
- * Contains Riboflavin, which participates in essential reactions in the body, especially those that yield energy.
- * Contains Riboflavin, which is involved in energy production in the body.
- * Contains Riboflavin, which may contribute to a reduction in tiredness and fatigue.
- * Contains Riboflavin, which contributes to normal energy release from food.
- * Contains Niacin, which is involved in the production of energy in the body.
- * Contains Niacin which contributes to the reduction of tiredness and fatigue.
- * Contains Niacin which is necessary for normal energy release from food.



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- * Pantothenic acid is involved in the production of energy in the body.
- * Pantothenic acid plays a vital role in the production of ATP, or cellular energy.
- * Contains pyridoxine (Vitamin B6), which is involved in energy production in the body.
- * Contains Pyridoxine (Vitamin B6), which contributes to normal energy metabolism.
- * Contains Vitamin B12, which is involved in the production of energy in the body.
- * Contains Biotin, which is involved in the production of energy in the body.
- * Contains Magnesium, which is involved in energy production.
- * Contains Magnesium, which is required for the production of energy in the body.
- * Iron plays a role in energy production in the body.
- * Iron is necessary for growth & development.
- * Contains ingredients that support energy production in the body.
- * Contains Niacin, which is involved in approximately 200 enzymes in the body.
- * Calcium is involved in various enzyme systems in the body.
- * Contains Magnesium, which plays a necessary role in over 300 enzymatic reactions in the body.
- * Magnesium is involved in over 300 essential metabolic reactions.
- * Contains Beta-carotene, which supports the health and function of the eyes.
- * Beta-carotene is converted into Vitamin A, which plays an important role in vision.
- * Contains Riboflavin, which is a component of glutathione reductase, an enzyme that helps provide antioxidant protection in the eye.
- * Contains ingredients that support eye health.
- * Contains Thiamine, which supports normal growth.
- * Contains Vitamin B12, which is an essential growth factor.
- * Contains Beta-carotene, which may support normal/healthy immune system function.
- * Contains Riboflavin, which supports normal/healthy immune function.
- * Contains Pyridoxine (Vitamin B6), which supports normal/healthy immune system function.
- * Contains Pyridoxine (Vitamin B6), which is involved in immune system processes.
- * Vitamin B12 is involved in immune function.
- * Vitamin B12 is involved in cellular immunity.
- * Vitamin C is essential for the proper function of the immune system.
- * Contains Vitamin C, which supports a normal/healthy immune system.
- * Contains Vitamin C, which plays a vital role in many immune mechanisms.
- * Contains Vitamin C, which is involved in many immune mechanisms in the body and supports healthy immune function.
- * Contains Vitamin C, which supports healthy functioning of the immune system.
- * Contains vitamin E, which supports normal/healthy immune system function.
- * Contains Vitamin E, which supports the health and function of the immune system.
- * Contains Vitamin D, which supports the health and function of the immune system.
- * Iron is necessary for the normal function of the immune system.
- * Contains ingredients that support normal/healthy immune function.
- * Contains Riboflavin, which helps the body to metabolise proteins, carbohydrates and fats.
- * Contains Riboflavin, which is involved in the metabolism of carbohydrates, proteins and fats in the body.
- * Contains Thiamine, which helps the body to metabolise carbohydrates.
- * Contains Thiamine, which is involved in the production of energy in the body.
- * Contains Thiamine, which is essential for energy production in the body.
- * Contains Niacin, which helps the body metabolise carbohydrates, fats and proteins.
- * Contains Nicotinamide (Vitamin B3), which is involved in the metabolism of carbohydrates, fats and proteins.
- * Pantothenic acid is essential for carbohydrate, protein and fat metabolism.
- * Pantothenic acid supports healthy metabolism of proteins, carbohydrates and fats in the body.
- * Contains Pyridoxine (Vitamin B6), which helps to metabolise carbohydrates, proteins and fats in the body.
- * Contains Pyridoxine (Vitamin B6), which is involved in more than 100 reactions affecting protein, lipid and carbohydrate metabolism.
- * Contains Folic acid, a form of Folate, which helps the body to metabolise proteins.
- * Contains vitamin B12, which helps the body metabolise proteins, carbohydrates and fats.
- * Contains Biotin, which helps the body metabolise carbohydrates, fats and proteins.
- * Contains Biotin, which is involved in the metabolism of carbohydrates, fats and proteins.
- * Contains Vitamin C, which aids in the metabolism and synthesis of fats and proteins.
- * Contains Vitamin C, which aids iron absorption.
- * Chromium is an essential nutrient required for carbohydrate, lipid and protein metabolism.
- * Calcium plays a role in various enzyme systems responsible for muscle contraction, fat digestion and protein metabolism.
- * Contains Magnesium, which is involved in carbohydrate and lipid metabolism.
- * Contains ingredients that are involved in the metabolism of carbohydrates, proteins and fats in the body.
- * Contains Riboflavin, which contributes to the normal function of the nervous system.
- * Contains Riboflavin, which contributes to the normal functioning of the nervous system.
- * Contains Thiamine, which is involved in the maintenance of nerve tissues in the body.
- * Contains Thiamine, which plays a role in nerve function and transmission.
- * Contains Thiamine, which supports normal/healthy nerve function.
- * Contains Thiamine, which supports normal/healthy muscle action.
- * Contains Niacin, which contributes to normal functioning of the nervous system.
- * Contains Niacin, which is necessary for normal neurological function.
- * Contains pantothenic acid, which is required for proper function of the adrenal gland.
- * Pantothenic acid supports the adrenal glands in the making of cortisone and other adrenal hormones that counteract the stress response.
- * Vitamin B5 has a central role in adrenal function and cellular metabolism.
- * Pantothenic acid provides support to the nervous system.
- * Pantothenic acid supports healthy nervous system function.
- * Pantothenic acid supports the health and function of the nervous system.
- * Contains Pyridoxine (Vitamin B6), which is involved in the synthesis of several neurotransmitters, such as serotonin, GABA and dopamine.
- * Contains Pyridoxine (Vitamin B6), which is required for the production of several neurotransmitters, such as serotonin, GABA, norepinephrine.
- * Contains Pyridoxine (Vitamin B6), which supports normal healthy neurotransmitter/nervous system function.
- * Contains Vitamin B12, which supports normal/healthy nervous system function.
- * Contains Vitamin B12, which is required for the synthesis of myelin, the insulation around nerves.
- * Contains Vitamin B12, which is required for nerve myelination.
- * Contains Vitamin C, which is involved in neurotransmitter synthesis.
- * Contains Vitamin C, which contributes to normal psychological function.
- * Contains Vitamin D, which supports the health and function of the nervous system.



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- * Contains Vitamin D, which supports neuromuscular function.
- * Calcium plays a role in the regulation and transmission of nerve impulses.
- * Calcium plays a role in neurotransmitter and hormone release.
- * Calcium is an essential mineral required for nerve conduction.
- * Contains Vitamin D, which maintains muscle strength and has an effect in skeletal muscle and myocardial function.
- * Contains Magnesium, which plays a role in the body in neuromuscular transmission.
- * Contains Magnesium, which plays a role in muscle contraction.
- * Contains Magnesium, which is necessary for proper muscle and nerve function.
- * Contains ingredients that contribute to normal functioning of the nervous system.
- * Beta-carotene is converted into Vitamin A, which plays a role in the maintenance of skin and mucous membranes.
- * Contains Riboflavin, which is involved in tissue formation, such as hair, skin, nails and connective tissue.
- * Contains Riboflavin, which is essential for tissue repair processes, such as general growth and healthy growth of skin, nails and hair.
- * Contains Riboflavin which is essential for the maintenance of normal skin and mucous membranes.
- * Contains Riboflavin, which contributes to normal skin and mucous membrane structure and function.
- * Contains Riboflavin, which contributes to the maintenance of normal skin and mucous membranes.
- * Vitamin C is necessary for minor wound healing.
- * Contains Niacin which contributes to the maintenance of normal mucous membranes.
- * Contains Niacin which contributes to the maintenance of normal skin.
- * Contains Biotin, which may support normal/healthy hair.
- * Contains Biotin, which may support and maintain nail health.
- * Vitamin C is necessary for the maintenance of healthy skin.
- * Vitamin C assists in the healing and repair of the skin.
- * Contains ingredients that contribute to the maintenance of skin, hair and connective tissue.
- * Contains Beta carotene, which acts as a pre cursor to Vitamin A.
- * Contains Niacin, which is involved in fatty acid, cholesterol and steroid hormone synthesis.
- * Pantothenic acid is involved in normal/healthy hormone synthesis.
- * Contains Biotin, which is involved in fatty acid synthesis.
- * Contains Vitamin D, which is mainly produced in our skin by a reaction that requires sunlight. People who limit their exposure to sunlight may have an increased need for vitamin D supplementation.
- * Contains Magnesium, which is involved in protein synthesis.
- * Contains Magnesium, which is involved in amino acid activation.
- * Contains Magnesium, which is required for the synthesis of the antioxidant glutathione.
- * Iron is a part of many enzymes that are involved with making new cells, amino acids, hormones, and neurotransmitters.
- * Iron is an essential cofactor in the synthesis of neurotransmitters such as dopamine, norepinephrine and serotonin.
- * Iron is involved in the function and synthesis of neurotransmitters.
- * Contains Pyridoxine (Vitamin B6), which is involved in hormone modulation.
- * Contains Pyridoxine (Vitamin B6), which is involved in the regulation of hormonal activity.
- * Contains selenium, which is an essential mineral in the selenium dependent enzyme that converts T4 to T3.
- * Contains Selenium, which is required for the conversion of thyroid hormone T4 to T3. These hormones control a variety of biological and physiological processes in the body.
- * Selenium plays a role in thyroid hormone production, which is required for normal thyroid function.
- * Selenium supports normal/healthy thyroid function and thyroid hormone synthesis.
- * Vitality Pack.
- * Coenzyme Q 10 is essential for the production of energy in the body.
- * Coenzyme Q10 is involved in the production of ATP or cellular energy.
- * Contains Coenzyme Q10, which plays an essential role in the production of ATP and therefore energy production.
- * Assists energy production in the mitochondria.
- * Contains alpha lipoic acid, which is a cofactor for various enzymes involved in energy production.
- * Contains alpha lipoic acid, which plays a vital role in the production of energy.
- * Contains nutrients involved in the production of energy within the body.
- * Contains Coenzyme Q10, which supports normal/healthy cardiovascular function.
- * Contains Coenzyme Q10, which helps to support/maintain cardiovascular health.
- * Contains Coenzyme Q10, which is an antioxidant and can therefore assist in protecting the body from the damaging effects of free radical damage.
- * Coenzyme Q10 has antioxidant activity, which can assist in reducing oxidative stress throughout life and as we age.
- * Coenzyme Q10 helps to regenerate vitamin E to its antioxidant form.
- * Contains alpha lipoic acid, which is an antioxidant and may assist in protecting the body from the effects of free radical damage.
- * Contains alpha lipoic acid, which is both a fat-soluble and water-soluble antioxidant.
- * Contains alpha lipoic acid, which is an antioxidant that can regenerate other antioxidants such as vitamin C, vitamin E, glutathione and coenzyme Q10.
- * Contains antioxidants, which may assist in protecting the body from the effects of free radical damage.
- * Contains Resveratrol which has antioxidant activity.
- * Contains Resveratrol which has antioxidant properties.
- * Contains Coenzyme Q10, which is a fat-soluble antioxidant that helps to stabilize cell membranes.
- * Contains Coenzyme Q10, which helps to stabilize cell membranes, preserving cellular integrity and function.
- * The amount of Coenzyme Q10 in the body decreases with age.
- * Contains Coenzyme Q10, which supports normal/healthy immune function.

Warnings

The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.

WARNING - When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects.

This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

If symptoms persist consult your healthcare practitioner (or words to that effect).

(If medicine contains one benzoate) Contains [insert name of benzoate] Or (If medicine contains two or more benzoates) Contains benzoates [or words to that effect].

Do not take while on warfarin therapy without medical advice.

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.



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If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

(If medicine contains one sugar) contains [insert name of sugar] OR (If medicine contains two or more sugars) Contains sugars [or words to that effect].

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1. xEO Mega (ARTG:285575)
2. Microplex VMz (ARTG:285925)
3. Alpha CRS+ (ARTG:285193)

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