



Australian Government
Department of Health
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	298107	Lifestream Ultra Immunity Relief
ARTG entry for	Medicine Listed	
Sponsor	Lifestream International Pty Ltd	
Postal Address	Level 3 / 32 Martin Place, Sydney, NSW, 2000 Australia	
ARTG Start Date	2/01/2018	
Product category	Medicine	
Status	Active	
Approval area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1. Lifestream Ultra Immunity Relief
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Product Type	Single Medicine Product	Effective date	2/01/2018
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Permitted Indications

No Permitted Indications included on Record

Indication Requirements

No Indication Requirements included on Record

Standard Indications

Aids, assists or helps in the maintenance of general well-being

Specific Indications

- * Contains herbal ingredients, which are traditionally used in herbal medicine as an expectorant to help relieve minor coughs and other affections of the respiratory tract.
- * Contains herbal ingredients, which are traditionally used in herbal medicine to help relieve minor coughs and catarrh of the respiratory tract.
- * Contains herbal ingredients, which are traditionally used in herbal medicine to help relieve symptoms of the common cold.
- * Contains herbal ingredients, which are traditionally used in herbal medicine to increase cough productivity.
- * Contains herbal ingredients, which are traditionally used in herbal medicine as an expectorant to decrease/reduce excess chest mucous/phlegm.
- * Contains herbal ingredients, which are traditionally used in herbal medicine to decrease/reduce/ relieve mild bronchial cough.
- * Contains herbal ingredients, which are traditionally used in herbal medicine to decrease/reduce/ relieve symptoms of common cold.
- * Elecampane is traditionally used in herbal medicine as an expectorant to help relieve chest complaints such as catarrh and cough.
- * Elecampane is traditionally used in herbal medicine as an expectorant to help relieve minor coughs and other affections of the respiratory tract.
- * Elecampane is traditionally used in herbal medicine to help relieve minor coughs and catarrh of the respiratory tract.
- * Elecampane is traditionally used in herbal medicine as an expectorant to decrease/reduce excess chest mucous/phlegm.
- * Elecampane is traditionally used in herbal medicine to increase cough productivity.
- * Elecampane is traditionally used in herbal medicine to decrease/reduce/ relieve mild bronchial cough.
- * Elecampane is traditionally used in herbal medicine to decrease/reduce/ relieve mild bronchial irritation.
- * Elecampane is traditionally used in herbal medicine to decrease/reduce/ relieve symptoms of common cold.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine as an expectorant to help relieve minor coughs and other affections of the respiratory tract.

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- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to help relieve minor coughs and catarrh of the respiratory tract.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to help relieve symptoms of the common cold.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine as an expectorant in cough associated with cold.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine as an expectorant to decrease/reduce excess chest mucous/phlegm.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to increase cough productivity.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to decrease/reduce/ relieve mild bronchial cough.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to decrease/reduce/ relieve symptoms of common cold.
- * Elecampane is traditionally used in herbal medicine as a tonic to the respiratory, digestive and urinary systems.
- * Elecampane is traditionally used in herbal medicine as a restorative tonic.
- * Elecampane is traditionally used in herbal medicine as a diaphoretic. (Promoting sweating to assist in fever).
- * Elecampane is traditionally used in herbal medicine as a sudorific/diaphoretic/ induce sweating.
- * Contains herbal ingredients, which are traditionally used in Herbal Medicine to help relieve digestive upset/disturbances such as dyspepsia.
- * Contains Elecampane, traditionally used in Herbal Medicine to help relieve digestive upset/disturbances such as dyspepsia.
- * Contains Elecampane, traditionally used in Herbal Medicine to decrease /reduce/ relieve symptoms of indigestion/dyspepsia.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to relieve the symptoms of minor dyspepsia.
- * Marrubium vulgare (White horehound) is traditionally used in herbal medicine to relieve minor dyspeptic complaints such as bloating, flatulence, and loss of appetite.
- * Marrubium vulgare (White horehound), is traditionally used in Herbal Medicine to decrease /reduce/ relieve symptoms of indigestion/dyspepsia.
- * Elecampane is traditionally used in herbal medicine as an alterative/blood cleanser/depurative/ purifier.
- * Elecampane is traditionally used in herbal medicine as a mild diuretic.
- * Elecampane is traditionally used in herbal medicine as a mild diuretic, to assist with urine output to achieve flushing of the urinary tract.

Warnings

If coughing persists consult your doctor (or a healthcare professional) (or words to that effect).
 Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).
 If symptoms persist consult your healthcare practitioner (or words to that effect).
 Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
Components	
1. Formulation 1	
Dosage Form	Capsule, hard
Route of Administration	Oral
Visual Identification	
Active Ingredients	
Allium sativum	12.5 mg
Equivalent: Allium sativum (Fresh)	150 mg
Glycyrrhiza glabra	5 mg
Hydrastis canadensis	37.5 mg
Equivalent: Hydrastis canadensis (Dry)	75 mg
Inula helenium	75 mg
Equivalent: Inula helenium (Dry)	750 mg
Marrubium vulgare	312.5 mg
Equivalent: Marrubium vulgare (Dry)	1.25 g
Salvia lavandulaefolia	22.5 mg
Equivalent: Salvia lavandulaefolia (Dry)	225 mg
Thymus vulgaris	28.125 mg
Equivalent: Thymus vulgaris (Dry)	225 mg

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