



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	293665	Menopause Relief
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Herbs of Gold Pty Ltd	
<b>Postal Address</b>	PO Box 3143, KIRRAWEE, NSW, 2232 Australia	
<b>ARTG Start Date</b>	8/09/2017	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Menopause Relief

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	22/04/2020
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#### Permitted Indications

Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic in females  
Traditionally used in Western herbal medicine to decrease/reduce/relieve excessive perspiration/sweating  
Traditionally used in Chinese medicine to decrease/reduce/relieve spontaneous sweating  
Traditionally used in Chinese medicine to calm/soothe/nourish/balance spirit  
Traditionally used in Chinese medicine to decrease/reduce/relieve sleeplessness  
Decrease/reduce/relieve symptoms of menopause  
Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of menopause  
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of menopause  
Decrease/reduce/relieve hot flushes associated with menopause  
Traditionally used in Ayurvedic medicine to decrease/reduce/relieve hot flushes associated with menopause  
Traditionally used in Western herbal medicine to decrease/reduce/relieve hot flushes associated with menopause

#### Indication Requirements

Label statement: If symptoms persist, talk to your health professional.  
If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.  
If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record



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#### Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitex agnus-castus may affect hormones and medicines such as oral contraceptives. Consult your health professional before use' (or words to that effect).

If symptoms persist, seek the advice of a healthcare professional.

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Tablet, film coated

**Route of Administration** Oral

##### Visual Identification

#### Active Ingredients

<b>Asparagus racemosus</b>	<b>88.235 mg</b>
Equivalent: Asparagus racemosus	1.5 g
<b>Salvia officinalis</b>	<b>300 mg</b>
Equivalent: thujone	3 microgram
Equivalent: Salvia officinalis	1.5 g
<b>Vitex agnus-castus</b>	<b>25 mg</b>
Equivalent: Vitex agnus-castus	250 mg
<b>Ziziphus jujuba var. spinosa</b>	<b>150 mg</b>
Equivalent: Ziziphus jujuba var. spinosa	1.5 g

#### Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate  
colloidal anhydrous silica  
croscarmellose sodium  
hypromellose  
macrogol 400  
magnesium stearate  
microcrystalline cellulose  
povidone  
sodium starch glycollate

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