



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	249052	ETHICAL NUTRIENTS PAIN RELIEF
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	20/07/2015	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . ETHICAL NUTRIENTS PAIN RELIEF**

Product Type	Single Medicine Product	Effective Date	10/07/2020
--------------	-------------------------	----------------	------------

**Permitted Indications**

- Traditionally used in Ayurvedic medicine to anti-inflammatory/relieve inflammation
- Anti-inflammatory/relieve inflammation
- Traditionally used in Chinese medicine to anti-inflammatory/relieve inflammation
- Traditionally used in Ayurvedic medicine to analgesic/Anodyne/relieve pain
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of soft tissue trauma
- Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of soft tissue trauma
- Decrease/reduce/relieve mild rheumatic aches and pains
- Decrease/reduce/relieve symptoms of mild arthritis/mild osteoarthritis
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of mild arthritis/mild osteoarthritis
- Decrease/reduce/relieve symptoms of mild arthritis/mild osteoarthritis
  - Linked indication - Anti-inflammatory/relieve inflammation
  - Linked indication - Helps enhance/improve/promote joint mobility
  - Linked indication - Decrease/reduce/relieve mild joint pain/soreness
  - Linked indication - Decrease/reduce/relieve mild joint stiffness
- Traditionally used in Ayurvedic medicine to maintain/support joint health
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve mild joint inflammation/swelling
- Traditionally used in Chinese medicine to decrease/reduce/relieve mild joint inflammation/swelling
- Traditionally used in Chinese medicine to decrease/reduce/relieve mild joint pain/soreness
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve mild joint pain/soreness
- Maintain/support healthy liver function
- Traditionally used in Ayurvedic medicine to decrease/reduce/relieve muscle pain/ache/soreness
- Traditionally used in Chinese medicine to decrease/reduce/relieve muscle pain/ache/soreness
- Traditionally used in Ayurvedic medicine to maintain/support tendon health
- Traditionally used in Chinese medicine to decrease/reduce/relieve menstruation pain/dysmenorrhoea

Public Summary



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

**Indication Requirements**

Product presentation must only refer to mild joint symptoms.  
Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
Label statement: If symptoms persist, talk to your health professional.

Product presentation must only refer to mild rheumatic aches/pains.  
Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  
Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

If symptoms persist consult your healthcare practitioner (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size** **Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>Boswellia serrata gum oleoresin Extract dry concentrate</b>	<b>150 mg</b>
Equivalent: Boswellia serrata (Dry)	1.5 g
<b>Curcuma longa rhizome Extract dry concentrate</b>	<b>167 mg</b>
Equivalent: Curcuma longa (Dry)	4.175 g

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
chlorophyllin-copper complex  
colloidal anhydrous silica  
disodium edetate  
gellan gum  
hypromellose  
magnesium stearate  
microcrystalline cellulose  
potassium acetate  
purified water  
sorbitan monolaurate

Public Summary

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.