



Australian Government
Department of Health
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	384132	MagCitra 150
ARTG entry for	Medicine Listed	
Sponsor	MD Nutritionals	
Postal Address	21D/5 Bayview Street, Runaway Bay, QLD, 4216 Australia	
ARTG Start Date	17/02/2022	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . MagCitra 150

Product Type	Single Medicine Product	Effective Date	17/02/2022
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Permitted Indications

- Enhance/promote energy levels
- Maintain/support energy production
- Enhance/promote/physical endurance/capacity/stamina
- Maintain/support physical endurance/capacity/stamina
- Maintain/support general health and wellbeing
- Maintain/support cardiovascular system health
- Maintain/support healthy cardiovascular system function
- Maintain/support heart health
- Maintain/support healthy muscle contraction function
- Maintain/support muscle health
- Helps enhance/promote healthy muscle function
- Enhance/improve/promote/increase muscle relaxation
- Maintain/support healthy neuromuscular system/function
- Maintain/support muscle relaxation
- Aid/assist/helps post exercise recovery
- Helps enhance/improve/promote/increase physical/exercise performance
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Maintain/support (state vitamin/mineral) within normal range
- Support healthy stress response in the body
- Enhance/improve/promote/increase body relaxation
- Decrease/reduce/relieve nervous tension/unrest
- Helps decrease/reduce/relieve symptoms of mild tension headache
- Maintain/support nervous system health
- Maintain/support nervous system function

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Indication Requirements

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
 Product presentation must not imply or refer to serious cardiovascular conditions.
 Product presentation must not imply or refer to chronic fatigue syndrome.
 Label statement: If symptoms persist, talk to your health professional.
 Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.
 If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
 If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
 Product presentation must not imply or refer to mental illnesses, disorders or conditions.
 Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information

Container information

Type	Material	Life Time	Temperature	Closure	Conditions
Bottle	Not recorded	Not recorded	Not recorded	Not recorded	Not recorded

Pack Size/Poison information

Pack Size	Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

magnesium citrate	967.74 mg
Equivalent: magnesium	150 mg

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
 colloidal anhydrous silica
 hypromellose
 magnesium stearate
 microcrystalline cellulose

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