



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	25697	Nature's Sunshine Psyllium Seed
ARTG entry for	Medicine Listed	
Sponsor	Nature's Sunshine Products of Australia Pty Ltd	
Postal Address	PO Box 6884, BAULKHAM HILLS BUSINESS CENTRE, NSW, 2153 Australia	
ARTG Start Date	15/10/1991	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Nature's Sunshine Psyllium Seed

Product Type	Effective Date
Single Medicine Product	12/08/2019

Permitted Indications

- Traditionally used in Western herbal medicine to decrease/reduce/relieve constipation
- Traditionally used in Western herbal medicine to aperient/laxative
- Traditionally used in Western herbal medicine to helps reduce occurrence of constipation
- Traditionally used in Western herbal medicine to increase bowel movements by increasing stool bulk

Indication Requirements

- Label statement: If symptoms persist, talk to your health professional.
- Label statement for stimulant laxatives: Prolonged use may cause serious bowel problems.
- Label statement: Drink plenty of water (or words to that effect).
- Product presentation must not refer to or imply weight loss.
- Label statement: Do not use when abdominal pain, nausea or vomiting are present or if you develop diarrhoea. If you are pregnant or breastfeeding - seek the advice of a healthcare professional before taking this product (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

- If symptoms persist consult your healthcare practitioner (or words to that effect).
- Drink plenty of water (or words to that effect).



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Prolonged use may cause serious bowel problems.

Do not use when abdominal pain, nausea or vomiting are present, or if you develop diarrhoea. If you are pregnant or breast feeding, seek the advice of a healthcare professional before taking this product (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

Psyllium Seed Dry **600 mg**

Other Ingredients (Excipients)

Gelatin

glacial acetic acid

potable water

silicon dioxide

sodium lauryl sulfate

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