



Australian Government
Department of Health and Aged Care
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	172181	METAGENICS ADAPTAN
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	10/06/2010	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . METAGENICS ADAPTAN

Product Type	Single Medicine Product	Effective Date	2/07/2020
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Permitted Indications

- Traditionally used in Chinese medicine to adaptogen/Help body adapt to stress
- Aids/assists the body to cope with environmental stress
- Support healthy stress response in the body
- Traditionally used in Chinese medicine to decrease/reduce/relieve restlessness/excess nervous energy
- Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy
- Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
 - Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
 - Linked indication - Decrease/reduce/relieve nervous tension/unrest
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
 - Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
 - Linked indication - Decrease/reduce/relieve nervous tension/unrest
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
- Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
- Traditionally used in Western herbal medicine to decrease/reduce/relieve nervous tension/unrest
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety
- Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety
 - Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
 - Linked indication - Decrease/reduce/relieve nervous tension/unrest
- Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety
 - Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
 - Linked indication - Decrease/reduce/relieve nervous tension/unrest
- Traditionally used in Western herbal medicine to maintain/support nervous system health

Indication Requirements

- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Label statement: If symptoms persist, talk to your health professional.
- Product presentation must only refer to mild anxiety.
- Product presentation must not imply or refer to chronic fatigue syndrome.

Standard Indications

No Standard Indications included on Record

Specific Indications

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No Specific Indications included on Record

Warnings

'Contains gluten (or words to that effect)'

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Avena sativa herb Extract dry concentrate	100 mg
Equivalent: Avena sativa (Dry)	1 g
Lavandula angustifolia herb Extract dry concentrate	250 mg
Equivalent: Lavandula angustifolia (Dry)	1 g
Panax quinquefolius root Extract dry concentrate	300 mg
Equivalent: Panax quinquefolius (Dry)	1.5 g
Rehmannia glutinosa root Extract dry concentrate	416.667 mg
Equivalent: Rehmannia glutinosa (Dry)	2.5 g

Other Ingredients (Excipients)

croscarmellose sodium

hypromellose

macrogol 8000

magnesium stearate

microcrystalline cellulose

silicon dioxide

stearic acid

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