



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	376613	Multi Vitamin & Mineral Excel - Oriental Botanicals Tablets
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	McPherson's Consumer Products Pty Ltd	
<b>Postal Address</b>	Locked Bag 5018, Kingsgrove, NSW, 2208 Australia	
<b>ARTG Start Date</b>	20/10/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Multi Vitamin & Mineral Excel - Oriental Botanicals Tablets

Product Type	Single Medicine Product	Effective Date	4/08/2022
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### Permitted Indications

Antioxidant/Reduce free radicals formed in the body  
Maintain/support collagen formation  
Maintain/support energy levels  
Maintain/support energy production  
Maintain/support healthy eyesight/vision  
Maintain/support hair health  
Maintain/support healthy teeth  
Maintain/support bone health  
Maintain/support healthy cardiovascular system function  
Maintain/support artery health  
Maintain/support healthy immune system function  
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)  
Support healthy stress response in the body  
Maintain/support cognitive function/mental function  
Maintain/support brain function  
Maintain/support brain health  
Maintain/support skin health  
Maintain/support skin integrity/structure

### Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.

Product presentation must not imply or refer to serious immunological diseases.



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Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.  
 Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.

Product presentation must not imply or refer to serious cardiovascular conditions.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

**Additional Product information**

**Pack Size/Poison information**

Pack Size	Poison Schedule
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**Components**

**1 . Formulation 1**

<b>Dosage Form</b>	Tablet, film coated
<b>Route of Administration</b>	Oral

**Visual Identification**

**Active Ingredients**

<b>betacarotene</b>	<b>3 mg</b>
<b>Biotin</b>	<b>100 microgram</b>
<b>borax</b>	<b>4.41 mg</b>
Equivalent: boron	500 microgram
<b>calcium ascorbate dihydrate</b>	<b>110 mg</b>
Equivalent: calcium	10.3 mg
Equivalent: ascorbic acid	90.87 mg
<b>calcium citrate tetrahydrate</b>	<b>84 mg</b>
Equivalent: calcium	17.72 mg
<b>calcium pantothenate</b>	<b>100 mg</b>
Equivalent: calcium	8.39 mg
Equivalent: pantothenic acid	91.61 mg
<b>choline bitartrate</b>	<b>25 mg</b>
<b>chromium nicotinate</b>	<b>416.7 microgram</b>
Equivalent: chromium	50 microgram
<b>Citrus bioflavonoids extract</b>	<b>50 mg</b>
<b>colecalfiferol</b>	<b>.005 mg</b>
<b>colloidal anhydrous silica</b>	<b>32.09 mg</b>
Equivalent: silicon	15 mg
<b>cupric sulfate pentahydrate</b>	<b>196.5 microgram</b>
Equivalent: copper	50 microgram
<b>cyanocobalamin</b>	<b>100 microgram</b>
<b>d-alpha-tocopheryl acid succinate</b>	<b>82.64 mg</b>
<b>dibasic potassium phosphate</b>	<b>50 mg</b>

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Equivalent: potassium	22.45 mg
<b>folic acid</b>	<b>400 microgram</b>
<b>glutamine</b>	<b>50 mg</b>
<b>inositol</b>	<b>25 mg</b>
<b>lycopene</b>	<b>2 mg</b>
<b>lysine hydrochloride</b>	<b>50 mg</b>
<b>magnesium amino acid chelate</b>	<b>90 mg</b>
Equivalent: magnesium	18 mg
<b>manganese amino acid chelate</b>	<b>20 mg</b>
Equivalent: manganese	2 mg
<b>molybdenum trioxide</b>	<b>50 microgram</b>
Equivalent: molybdenum	33.3 microgram
<b>nicotinamide</b>	<b>100 mg</b>
<b>nicotinic acid</b>	<b>5 mg</b>
<b>phytomenadione</b>	<b>.05 mg</b>
<b>potassium iodide</b>	<b>50 microgram</b>
Equivalent: potassium	11.8 microgram
Equivalent: iodine	38.2 microgram
<b>pyridoxine hydrochloride</b>	<b>50 mg</b>
Equivalent: pyridoxine	41.13 mg
<b>riboflavine</b>	<b>20 mg</b>
<b>rutoside</b>	<b>15 mg</b>
<b>selenomethionine</b>	<b>124.2 microgram</b>
Equivalent: selenium	50 microgram
<b>Tagetes erecta</b>	<b>20 mg</b>
Equivalent: Tagetes erecta (Dry)	100 mg
Equivalent: Lutein esters calculated as lutein (of Tagetes erecta) ()	1 mg
<b>taurine</b>	<b>100 mg</b>
<b>thiamine hydrochloride</b>	<b>30 mg</b>
<b>zinc amino acid chelate</b>	<b>75 mg</b>
Equivalent: zinc	15 mg

**Other Ingredients (Excipients)**

**Acacia**  
**calcium hydrogen phosphate dihydrate**  
**Carnauba Wax**  
**colloidal anhydrous silica**  
**croscarmellose sodium**  
**dl-alpha-tocopherol**  
**dl-alpha-tocopheryl acetate**  
**ethylcellulose**  
**hydrogenated soya oil**  
**hydrolysed gelatin**  
**hypromellose**  
**liquid glucose**  
**macrogol 400**  
**magnesium stearate**  
**maize starch**  
**microcrystalline cellulose**  
**Pea Starch**  
**povidone**  
**purified water**

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silicon dioxide  
sodium alginate  
sodium ascorbate  
soluble maize starch  
sucrose  
tartaric acid

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