



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	285687	MediHerb Zinc-C Powder
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Integria Healthcare Australia Pty Ltd	
<b>Postal Address</b>	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
<b>ARTG Start Date</b>	14/02/2017	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . MediHerb Zinc-C Powder**

Product Type	Single Medicine Product	Effective Date	9/06/2022
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**Permitted Indications**

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Maintain/support collagen formation
- Maintain/support collagen health
- Maintain/support healthy growth and development
- Maintain/support general health and wellbeing
- Aid/assist/helps connective tissue production/formation
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Maintain/support immune system to fight illness
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral) within normal range in vegetarians
- Maintain/support (state vitamin/mineral) within normal range in breastfeeding women
- Maintain/support (state vitamin/mineral) within normal range in active individuals
- Maintain/support (state vitamin/mineral) within normal range in elderly individuals
- Maintain/support (state vitamin/mineral) within normal range in vegans
- Maintain/support (state vitamin/mineral) within normal range
- Support healthy stress response in the body
- Maintain/support brain function
- Aid/assist/helps synthesis of neurotransmitters
- Maintain/support brain/central nervous system development
- Maintain/support reproductive system health
- Maintain/support sperm health
- Maintain/support sperm motility
- Maintain/support sperm production
- Decrease/reduce/relieve common cold duration

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Decrease/reduce/relieve symptoms of common colds and flu  
Decrease/reduce/relieve mild upper respiratory tract congestion  
Decrease/reduce/relieve the severity of symptoms of mild upper respiratory tract infections  
    Linked indication - Decrease/reduce/relieve mild upper respiratory tract congestion  
    Linked indication - Relieve runny/dripping nose  
    Linked indication - Decrease/reduce/relieve cough  
    Linked indication - Decrease/reduce/relieve sneezing  
Decrease/reduce/relieve sneezing  
Relieve symptoms of mild upper respiratory tract infections  
Decrease/reduce/relieve cough  
Relieve runny/dripping nose  
Relieve symptoms of sore throat/pharyngitis  
Maintain/support skin health  
Maintain/support wound healing  
Maintain/support skin repair/healing/regeneration

**Indication Requirements**

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.  
Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).  
Product presentation must not imply or refer to infertility.  
Respiratory tract infections must be qualified by 'mild'.  
Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  
Label statement: If symptoms persist, talk to your health professional.  
Product presentation must not imply or refer to neurological conditions or developmental delays.  
Product presentation must not imply or refer to serious immunological diseases.  
Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.  
If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].  
This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.  
Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.  
WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).  
If symptoms persist, seek the advice of a healthcare professional.  
Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size** **Poison Schedule**

**Components**

1 . Formulation 1

**Dosage Form** Powder, oral  
**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

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<b>ascorbic acid</b>	<b>200 mg/g</b>
<b>betacarotene</b>	<b>.4 mg/g</b>
<b>lysine hydrochloride</b>	<b>249.88 mg/g</b>
Equivalent: lysine	200 mg/g
<b>manganese amino acid chelate</b>	<b>10 mg/g</b>
Equivalent: manganese	1 mg/g
<b>pyridoxal 5-phosphate monohydrate</b>	<b>7.84 mg/g</b>
Equivalent: pyridoxine	5 mg/g
<b>quercetin dihydrate</b>	<b>20 mg/g</b>
<b>selenomethionine</b>	<b>37.26 microgram/g</b>
Equivalent: selenium	15 microgram/g
<b>zinc citrate dihydrate</b>	<b>15.58 mg/g</b>
Equivalent: zinc	5 mg/g

**Other Ingredients (Excipients)**

Acacia  
beetroot  
citric acid  
colloidal anhydrous silica  
Flavour  
glycine  
maltodextrin  
Pea Starch  
purified water  
sodium alginate  
Stevia rebaudiana  
thaumatin

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