



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	144173	ETHICAL NUTRIENTS Super Multi Plus
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	4/09/2007	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS Super Multi Plus

Product Type	Single Medicine Product	Effective Date	13/08/2020
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Helps reduce/decrease free radical damage to body cells
Maintain/support energy levels
Maintain/support energy production
Maintain/support physical endurance/capacity/stamina
Maintain/support physical endurance/capacity/stamina in athletes
Relieve weariness/tiredness/fatigue/feeling of weakness
Maintain/support general health and wellbeing
Maintain/support general health and wellbeing in elderly individuals
Maintain/support bone health
Aids/assists healthy bone development/growth/building
Maintain/support (state mineral) absorption in bones in elderly individuals
Maintain/support red blood cell health
Maintain/support blood health
Maintain/support cardiovascular system health in healthy individuals
Maintain/support cardiovascular system health
Maintain/support heart health
Maintain/support artery health
Maintain/support blood vessel health
Hepatoprotectant/protect the liver
Maintain/support immune system health
Maintain/support healthy immune system function
Helps decrease/reduce homocysteine levels
Maintain/support (state vitamin/mineral/nutrient) levels in the body
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency in elderly individuals
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
Support healthy body stress recovery
Relieve irritability

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Decrease/reduce/relieve symptoms of stress
 Decrease/reduce/relieve nervous tension/unrest
 Decrease/reduce/relieve symptoms of mild anxiety
 Maintain/support mental concentration/focus/clarity
 Maintain/support brain/central nervous system development
 Maintain/support nervous system function
 Support healthy emotional/mood balance

Indication Requirements

Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.
 Product presentation must not imply or refer to serious cardiovascular conditions.
 Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.
 Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
 Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not encourage excessive or harmful consumption of alcohol or other toxic substances.
 If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.
 Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to neurological conditions or developmental delays.
 Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must only refer to mild anxiety.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.
 If symptoms persist consult your healthcare practitioner (or words to that effect).
 Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Tablet, film coated
Route of Administration	Oral

Visual Identification

Active Ingredients

ascorbic acid	200 mg
betacarotene	5 mg
Biotin	50 microgram
borax	8.82 mg
Equivalent: boron	1 mg
calcium hydrogen phosphate dihydrate	429.43 mg

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Equivalent: calcium	100 mg
calcium pantothenate	75 mg
Equivalent: pantothenic acid	69 mg
choline bitartrate	25 mg
chromium nicotinate	500 microgram
Equivalent: chromium	50 microgram
Citrus bioflavonoids extract	50 mg
colecalfiferol	.01 mg
cupric sulfate pentahydrate	668 microgram
Equivalent: copper	170 microgram
cyanocobalamin	500 microgram
d-alpha-tocopheryl acid succinate	41.33 mg
Equivalent: d-alpha-tocopherol	33.56 mg
Eleutherococcus senticosus root Extract dry concentrate	133.334 mg
Equivalent: Eleutherococcus senticosus (Dry)	2 g
ferrous fumarate	15.21 mg
Equivalent: iron	5 mg
folic acid	500 microgram
inositol	25 mg
magnesium oxide	124.38 mg
Equivalent: magnesium	75 mg
manganese amino acid chelate	16 mg
Equivalent: manganese	1.6 mg
nicotinamide	50 mg
potassium gluconate	11.98 mg
Equivalent: potassium	2 mg
potassium iodide	65 microgram
Equivalent: iodine	49.7 microgram
pyridoxine hydrochloride	50 mg
Equivalent: pyridoxine	41.25 mg
riboflavin	50 mg
selenomethionine	65 microgram
Equivalent: selenium	26 microgram
Silybum marianum	28.57 mg
thiamine hydrochloride	50 mg
zinc citrate dihydrate	15.58 mg
Equivalent: zinc	5 mg

Other Ingredients (Excipients)

Acacia
ascorbyl palmitate
calcium phosphate
Carnauba Wax
colloidal anhydrous silica
croscarmellose sodium
dl-alpha-tocopherol
fractionated coconut oil
Gelatin
hypromellose
iron oxide black
iron oxide red
iron oxide yellow

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macrogol 400
macrogol 8000
magnesium stearate
Maize Oil
maize starch
microcrystalline cellulose
potable water
sucrose
titanium dioxide

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