



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	286073	Lifelong Vitality Pack
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	doTERRA Australia Pty Ltd	
<b>Postal Address</b>	Ground Floor, 350 Wellington Road, MULGRAVE, VIC, 3170 Australia	
<b>ARTG Start Date</b>	23/02/2017	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . Lifelong Vitality Pack**

Product Type	Medicine Kit	Effective Date	5/03/2021
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**Permitted Indications**

No Permitted Indications included on Record

**Indication Requirements**

No Indication Requirements included on Record

**Standard Indications**

No Standard Indications included on Record

**Indications**

- BDAOB-S-RD Antioxidant/reduce free radicals formed in the body.
- IMHEF-G-MS Maintain/support healthy immune system function.
- IMHE-G-MS Maintain/support immune system health.
- BDGHW-G-MS Maintain/support general health and wellbeing.
- BDENFO-S-CN Helps convert (Fats and Carbohydrates) into energy.
- BDENP-S-MS Maintain/support energy production.
- BDHRH-G-MS Maintain/support hair health.
- BDNAH-G-MS Maintain/support nail health/strength/thickness.
- NUVMMT-S-AA Aid/assist/helps metabolism of (Carbohydrates, Fats & Proteins).
- SKSTH-G-MS Maintain/support skin health.
- NUVMDF-S-PV Helps prevent dietary Biotin, Magnesium, Calcium, Vitamin C, Folate, Pantothenic acid, Chromium, Vitamin D, Copper, Vitamin B12, Vitamin E, Niacin, Vitamin K, Pyridoxine, Vitamin A, Riboflavin, Selenium, Thiamine, Zinc, Omega-3 fatty acid deficiency.
- BOHE-S-MS Maintain/support bone health.
- CVH-G-MS Maintain/support cardiovascular system health.
- CVHEFU-G-MS Maintain/support healthy cardiovascular system function.
- CVHEHE-G-MS Maintain/support heart health.
- BDEN-G-MS Maintain/support energy levels.
- MUHF-G-MS Maintain/support muscle function.
- NVHSY-G-MS Maintain/support nervous system health.
- NVHSYFU-G-MS Maintain/support nervous system function.
- NVHCN-S-MS Maintain/support nerve conduction.
- MUHNE-G-MS Maintain/support healthy neuromuscular system/function.
- BOHEST-G-MS Maintain/support bone strength.
- BOHMN-S-MS Help maintain/support bone mineralisation.
- BOHEM-S-MS Maintain/support bone mass/density/integrity.
- BOJOARC-S-PV A diet deficient in calcium can lead to osteoporosis in later life. Calcium may help prevent osteoporosis when dietary intake is inadequate.
- GIDIF-G-MS Maintain/support healthy digestive system function.
- GIDIH-G-MS Maintain/support healthy digestion.
- MUHCN-G-MS Maintain/support healthy muscle contraction function.
- NVHNMF-S-MS Maintain/support neuromuscular function.
- BDCOF-S-MS Maintain/support collagen formation.
- BDTSC-G-MS Maintain/support connective tissue health.

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BDTSCT-S-AA Aid/assist/helps connective tissue production/formation.  
 CVVCAF-S-MS Maintain/support blood capillary health.  
 CVVEH-S-MS Maintain/support blood vessel health.  
 NVHNTSY-S-AA Aid/assist/helps synthesis of neurotransmitters.  
 NUVMAB-S-MS Maintain/support absorption of dietary Iron.  
 SKWOHL-G-MS Maintain/support wound healing.  
 CVBCRCP-S-AA Aid/assist healthy red blood cell production.  
 NUVMMT-S-AA Aid/assist/helps metabolism of (proteins).  
 NUNUPR-S-AA Aid/assist/helps protein synthesis in the body.  
 NVAXADEN-G-AA Aids/assists the body to cope with environmental stress.  
 NVAXADSTRE-G-MS Support healthy stress response in the body.  
 NUNUGM-S-AA Aid/assist/helps glucose/sugar/carbohydrate metabolism.  
 NUVMMT-S-AA Aid/assist/helps metabolism of (Carbohydrate, Lipid and Protein).  
 BOJOAVD-S-PV Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life.  
 NUVMAB-S-MS Maintain/support absorption of dietary (Calcium and Phosphorus).  
 NUVML-S-MS Maintain/support (Calcium) levels in the body.  
 NUVML-S-MS Maintain/support (Vitamin D) levels in the body when sun exposure is inadequate.  
 NUVML-S-MS Maintain/support (Vitamin D) levels in the body in elderly individuals when sun exposure is inadequate.  
 BDCOH-S-MS Maintain/support collagen health.  
 CVBRCH-S-MS Helps maintain/support haemoglobin formation/synthesis.  
 NUVMMT-S-AA Aid/assist/helps metabolism of Iron.  
 CVBLHE-G-MS Maintain/support blood health.  
 CVBLOX-S-MS Helps maintain/support transport of oxygen in the body.  
 CVBLOXT-S-AA Aid/assist/helps oxygen transport to body tissues.  
 BDEFNO-S-CN Helps convert (food) into energy.  
 SKSTRIN-G-MS Maintain/support skin integrity/structure.  
 BDTSH-G-MS Maintain/support healthy body tissues.  
 CVBCRH-S-MS Maintain/support red blood cell health.  
 BDHRG-G-MS Maintain/support hair growth.  
 BDNAH-G-MS Maintain/support nail health/strength/thickness.  
 BDNAG-G-AA Aid/assist nail growth.  
 ENDTHPR-S-AA Aid/assist thyroid hormone production.  
 ENDTHHO-S-MS Maintain/support healthy thyroid hormones.  
 ENDTHFU-G-MS Maintain/support healthy thyroid gland function.  
 NVBRCGFU-G-MS Maintain/support cognitive function/mental function.  
 SKSTRIN-G-MS Maintain/support skin integrity/structure.  
 SKSTRRG-G-MS Maintain/support skin regeneration.  
 BDEYHE-G-MS Maintain/support eye health.  
 BDEYHRET-S-MS Helps maintain/support eye retina health.  
 BDEYVI-G-MS Maintain/support healthy eyesight/vision.  
 NVBRFN-G-MS Maintain/support brain function.

**Warnings**

(If medicine contains one sugar) contains [insert name of sugar] OR (If medicine contains two or more sugars) Contains sugars [or words to that effect].  
 This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.  
 Contains benzoates' (or words to this effect) if the medicine contains two or more benzoate sources or 'Contains [insert the approved name of benzoate used]' (or words to this effect) if product contains one benzoate source.  
 Do not take while on warfarin therapy without medical advice.  
 WARNING - When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects.  
 The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.  
 If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

**Additional Product information**

**Pack Size/Poison information**

<b>Pack Size</b>	<b>Poison Schedule</b>
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**Components**

- 1 . xEO Mega (ARTG: 285575)
- 2 . Microplex VMZ (ARTG: 285925)
- 3 . Alpha CRS+ (ARTG: 285193)