



**Australian Government**  
**Department of Health and Aged Care**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	297968	ETHICAL NUTRIENTS MEGA ZINC 40MG
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	22/12/2017	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . ETHICAL NUTRIENTS MEGA ZINC 40MG**

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	11/10/2022
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**Permitted Indications**

- Maintain/support general health and wellbeing in adults
- Maintain/support general health and wellbeing in teenagers
- Maintain/support general health and wellbeing in males
- Maintain/support general health and wellbeing in adolescent males
- Maintain/support hair health in teenagers
- Maintain/support hair health in adults
- Maintain/support nail health/strength/thickness in teenagers
- Maintain/support nail health/strength/thickness in adults
- Maintain/support healthy immune system function in teenagers
- Maintain/support healthy immune system function in adults
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in adults
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in teenagers
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency in adults
- Maintain/support reproductive system health in adolescent males
- Maintain/support reproductive system health in males
- Relieve symptoms of acne in teenagers
- Soothe/relieve skin inflammation in teenagers
- Maintain/support skin health in adults
- Maintain/support skin health in teenagers

**Indication Requirements**

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to infertility.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).



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Label statement: If symptoms persist, talk to your health professional.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

If symptoms persist consult your healthcare practitioner (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

**Visual Identification**

**Active Ingredients**

<b>betacarotene</b>	<b>3 mg</b>
<b>pyridoxine hydrochloride</b>	<b>20 mg</b>
Equivalent: pyridoxine	16.53 mg
<b>zinc amino acid chelate</b>	<b>200 mg</b>
Equivalent: zinc	40 mg

**Other Ingredients (Excipients)**

- citric acid
- colloidal anhydrous silica
- croscarmellose sodium
- dl-alpha-tocopherol
- hyplose
- liquid glucose
- macrogol 8000
- magnesium stearate
- maize starch
- microcrystalline cellulose
- silicon dioxide
- sodium ascorbate
- starch sodium octenyl succinate
- stearic acid

Public Summary

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