



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	380177	TriGandha
ARTG entry for	Medicine Listed	
Sponsor	Designs For Health Pty Ltd	
Postal Address	1 / 418 Pittwater Road, North Manly, NSW, 2100 Australia	
ARTG Start Date	3/12/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . TriGandha

Product Type	Single Medicine Product	Effective Date	3/12/2021
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Permitted Indications

Traditionally used in Ayurvedic medicine to aids/assists with recovery from illness/convalescence

Traditionally used in Ayurvedic medicine to relieve feelings of general malaise/general debility

Traditionally used in Ayurvedic medicine to rejuvenating tonic

Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress

Traditionally used in Ayurvedic medicine to nerve tonic

Indication Requirements

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

If you are pregnant, or considering becoming pregnant, do not take without consulting a health professional' (or words to that effect).

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Capsule, hard
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Route of Administration	Oral
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Visual Identification

Active Ingredients

Withania somnifera whole plant Extract dry concentrate	75 mg
Equivalent: Withania somnifera (Dry)	300 mg
Withania somnifera root Extract dry concentrate	150 mg
Equivalent: Withania somnifera (Dry)	1.5 g
Withania somnifera whole plant Extract dry concentrate	150 mg
Equivalent: Withania somnifera (Dry)	5.7 g

Other Ingredients (Excipients)

betadex
calcium hydrogen phosphate dihydrate
colloidal anhydrous silica
gamma-cyclodextrin
hypromellose
lecithin
magnesium stearate
maltodextrin
modified food starch
purified water
silicon dioxide

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