



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	313242	Women's Multi +
ARTG entry for	Medicine Listed	
Sponsor	Herbs of Gold Pty Ltd	
Postal Address	PO Box 3143, KIRRAWEE, NSW, 2232 Australia	
ARTG Start Date	14/01/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Women's Multi +

Product Type	Single Medicine Product	Effective Date	15/11/2023
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Maintain/support collagen formation
- Maintain/support collagen health
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Maintain/support connective tissue health
- Aid/assist/helps connective tissue production/formation
- Maintain/support bone health
- Maintain/support bone health
- Maintain/support bone health in post-menopausal women
- Maintain/support bone mass/density/integrity
- Maintain/support bone mass/density/integrity in post-menopausal women
- Maintain/support bone strength in post-menopausal women
- Maintain/support bone strength
- Help maintain/support bone mineralisation
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Maintain/support blood health
- Maintain/support healthy thyroid gland function
- Maintain/support healthy thyroid hormones
- Maintain/support thyroid gland health
- Aid/assist thyroid hormone production
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Maintain/support muscle health

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- Maintain/support muscle function
- Maintain/support muscle strength
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support absorption of dietary (state vitamin/mineral/nutrient)
- Support healthy stress response in the body
- Maintain/support cognitive function/mental function
- Maintain/support memory/mental recall
- Maintain/support brain function
- Maintain/support brain health
- Maintain/support nervous system health
- Maintain/support nervous system function
- Maintain/support skin health
- Maintain/support wound healing

Indication Requirements

- Label statement: If symptoms persist, talk to your health professional.
- Product presentation must not imply or refer to serious cardiovascular conditions.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.
- Product presentation must not imply or refer to any thyroid related diseases.
- Product presentation must not imply or refer to serious immunological diseases.
- If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
- Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.
- Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
- Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.
- Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.
 WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
 [Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Tablet, film coated
Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	100 mg
Biotin	50 microgram
calcium citrate tetrahydrate	71.09 mg
Equivalent: calcium	

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	15 mg
calcium hydrogen phosphate	169.72 mg
Equivalent: calcium	50 mg
calcium pantothenate	100 mg
Equivalent: pantothenic acid	91.6 mg
Equivalent: calcium	8.39 mg
choline bitartrate	25 mg
chromium nicotinate	417 microgram
Equivalent: chromium	50 microgram
Citrus bioflavonoids extract	50 mg
colecalfiferol	.025 mg
colloidal anhydrous silica	42.78 mg
Equivalent: silicon	20 mg
copper gluconate	3.57 mg
Equivalent: copper	500 microgram
d-alpha-tocopheryl acid succinate	41.32 mg
Equivalent: d-alpha-tocopheryl acid succinate	50 IU
ferrous fumarate	16.01 mg
Equivalent: iron	5 mg
folic acid	200 microgram
inositol	25 mg
levomefolate calcium	124 microgram
Equivalent: calcium	9.61 microgram
Equivalent: levomefolic acid	100 microgram
magnesium amino acid chelate	125 mg
Equivalent: magnesium	25 mg
manganese amino acid chelate	10 mg
Equivalent: manganese	1 mg
mecobalamin	100 microgram
nicotinamide	50 mg
potassium iodide	196 microgram
Equivalent: potassium	46 microgram
Equivalent: iodine	150 microgram
pyridoxine hydrochloride	60.78 mg
Equivalent: pyridoxine	50 mg
riboflavine	25 mg
selenomethionine	124 microgram
Equivalent: selenium	50 microgram
Silybum marianum fruit Extract dry concentrate	14.29 mg
Equivalent: Silybum marianum (Dry)	1 g
thiamine hydrochloride	25 mg
Equivalent: thiamine	22.3 mg
Vitis vinifera seed Extract dry concentrate	100 mg
Equivalent: Vitis vinifera (Dry)	12 g
zinc citrate dihydrate	31.15 mg
Equivalent: zinc	10 mg

Other Ingredients (Excipients)

Acacia

calcium hydrogen phosphate dihydrate

Carnauba Wax

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croscarmellose sodium
crospovidone
d-alpha-tocopherol
ethylcellulose
fractionated coconut oil
hypromellose
iron oxide red
liquid glucose
macrogol 8000
magnesium stearate
microcrystalline cellulose
povidone
silicon dioxide
sodium ascorbate
vanillin

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