



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	314025	NUTRALIFE MAGNESIUM STRESS EASE
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Vitaco Health Australia Pty Ltd	
<b>Postal Address</b>	PO Box 399, NORTH RYDE BC, NSW, 1670 Australia	
<b>ARTG Start Date</b>	8/02/2019	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . NUTRALIFE MAGNESIUM STRESS EASE

Product Type	Effective Date
Single Medicine Product	8/02/2019

### Permitted Indications

- Maintain/support energy levels
- Maintain/support general health and wellbeing
- Maintain/support cardiovascular system health
- Maintain/support healthy cardiovascular system function
- Maintain/support heart health
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Maintain/support muscle function
- Maintain/support healthy neuromuscular system/function
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
- Aids/assists the body to cope with environmental stress
- Support healthy stress response in the body
- Maintain/support nerve conduction
- Aid/assist/helps synthesis of neurotransmitters
- Maintain/support nervous system health
- Maintain/support nervous system function

### Indication Requirements

Product presentation must not imply or refer to serious cardiovascular conditions.



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Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to chronic fatigue syndrome.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

##### Pack Size

##### Poison Schedule

#### Components

##### 1 . Formulation 1

**Dosage Form** Capsule, hard

**Route of Administration** Oral

##### Visual Identification

##### Active Ingredients

<b>calcium pantothenate</b>	<b>16.63 mg</b>
Equivalent: pantothenic acid	15 mg
<b>magnesium amino acid chelate</b>	<b>500 mg</b>
Equivalent: magnesium	100 mg
<b>Ocimum tenuiflorum</b>	<b>100 mg</b>
<b>pyridoxine hydrochloride</b>	<b>12.16 mg</b>
Equivalent: pyridoxine	10 mg
<b>Rehmannia glutinosa root Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Rehmannia glutinosa (Dry)	1000 mg
<b>Withania somnifera root Extract dry concentrate</b>	<b>60 mg</b>
Equivalent: Withania somnifera (Dry)	1.5 g

##### Other Ingredients (Excipients)

colloidal anhydrous silica

hypromellose

magnesium stearate

maltodextrin

potable water

silicon dioxide

Public Summary

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