



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

|                                |   |                        |
|--------------------------------|---|------------------------|
| <b>Summary for ARTG Entry:</b> | 318829  | METAGENICS METACHOLINE |
| <b>ARTG entry for</b>          | Medicine Listed                                 |                        |
| <b>Sponsor</b>                 | Metagenics (Aust) Pty Ltd                       |                        |
| <b>Postal Address</b>          | PO Box 675, VIRGINIA BC, QLD, 4014<br>Australia |                        |
| <b>ARTG Start Date</b>         | 12/06/2019                                      |                        |
| <b>Product Category</b>        | Medicine  |                        |
| <b>Status</b>                  | Active  |                        |
| <b>Approval Area</b>           | Listed Medicines                                |                        |

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . METAGENICS METACHOLINE

|                     |                         |                       |            |
|---------------------|-------------------------|-----------------------|------------|
| <b>Product Type</b> | Single Medicine Product | <b>Effective Date</b> | 12/06/2019 |
|---------------------|-------------------------|-----------------------|------------|

#### Permitted Indications

Maintain/support natural liver cleansing/detoxification processes  
Maintain/support healthy liver function  
Maintain/support cognitive function/mental function  
Maintain/support brain function  
Helps maintains/support healthy foetal CNS/brain development  
Maintain/support healthy pregnancy

#### Indication Requirements

Product presentation must not imply or refer to disease in any body organ, in particular the kidney or liver.  
Product presentation must not imply or refer to liver disease, such as cirrhosis, hepatitis.  
Product presentation must not imply or refer to drugs/alcohol.  
If directed to women, Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.  
Product presentation must only refer to detoxification in relation to natural body processes.  
Product presentation must not imply or refer to mental illnesses, disorders or conditions.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings



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Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

|                           |               |
|---------------------------|---------------|
| <b>choline bitartrate</b> | <b>548 mg</b> |
| Equivalent: choline       | 225 mg        |

**Other Ingredients (Excipients)**

**disodium edetate**

**gellan gum**

**hypromellose**

**magnesium stearate**

**microcrystalline cellulose**

**potable water**

**potassium acetate**

**silicon dioxide**

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