



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	323006	BLACKMORES SUSTAINED RELEASE MULTI + ANTIOXIDANTS
ARTG entry for	Medicine Listed	
Sponsor	Blackmores Ltd	
Postal Address	PO Box 1725, WARRIEWOOD, NSW, 2102 Australia	
ARTG Start Date	11/09/2019	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . BLACKMORES SUSTAINED RELEASE MULTI + ANTIOXIDANTS

Product Type	Single Medicine Product	Effective Date	1/06/2023
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Permitted Indications

Antioxidant/Reduce free radicals formed in the body
Helps reduce/decrease free radical damage to body cells
Maintain/support energy production
Maintain/support general health and wellbeing
Maintain/support immune system health
Maintain/support healthy immune system function
Maintain/support (state vitamin/mineral/nutrient) levels in the body
Maintain/support nervous system health
Maintain/support nervous system function

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.
Product presentation must not imply or refer to serious immunological diseases.
If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

WARNING - When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects.

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.

The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for



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men.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
 [Contains vitamin B6].

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Tablet, modified release

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	150 mg
Biotin	100 microgram
borax	17.66 mg
Equivalent: boron	2 mg
calcium hydrogen phosphate	313.7 mg
Equivalent: calcium	92.5 mg
calcium pantothenate	31.5 mg
Equivalent: pantothenic acid	28.86 mg
calcium phosphate	45 mg
Equivalent: calcium	17.4 mg
chromic chloride hexahydrate	1.046 mg
Equivalent: chromium	200 microgram
colecalfiferol	.005 mg
cupric sulfate pentahydrate	786 microgram
Equivalent: copper	200 microgram
cyanocobalamin	50 microgram
d-alpha-tocopheryl acid succinate	20.7 mg
Equivalent: d-alpha-tocopheryl acid succinate	25 IU
ferrous fumarate	15.7 mg
Equivalent: iron	5 mg
folic acid	400 microgram
inositol	50 mg
magnesium phosphate tribasic	48.4 mg
Equivalent: magnesium	10 mg
manganese sulfate monohydrate	3.08 mg
Equivalent: manganese	1 mg
nicotinamide	30 mg
potassium iodide	131 microgram
Equivalent: iodine	100 microgram
Equivalent: potassium	30.8 microgram
potassium sulfate	11.15 mg
Equivalent: potassium	5 mg
pyridoxine hydrochloride	30 mg
Equivalent: pyridoxine	24.7 mg
retinol acetate	.8625 mg
Equivalent: vitamin A	.75 mg
riboflavin	10 mg

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selenomethionine	162.5 microgram
Equivalent: selenium	65 microgram
thiamine nitrate	30 mg
Equivalent: thiamine	24.32 mg
zinc sulfate monohydrate	16.62 mg
Equivalent: zinc	6 mg

Other Ingredients (Excipients)

butylated hydroxytoluene
calcium hydrogen phosphate
Carnauba Wax
colloidal anhydrous silica
dl-alpha-tocopherol
ethylcellulose
Gelatin
hydrogenated soya oil
hydrogenated vegetable oil
hydrolysed gelatin
hypromellose
iron oxide yellow
macrogol 400
macrogol 8000
magnesium stearate
maize starch
microcrystalline cellulose
purified talc
silicon dioxide
sucrose
titanium dioxide

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