



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	337967	Ginseng 4 Energy GOLD
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Herbs of Gold Pty Ltd	
<b>Postal Address</b>	PO Box 3143, KIRRAWEE, NSW, 2232 Australia	
<b>ARTG Start Date</b>	16/06/2020	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Ginseng 4 Energy GOLD

Product Type	Single Medicine Product	Effective Date	19/05/2021
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### Permitted Indications

- Traditionally used in Ayurvedic medicine to medhya/brain tonic/improve memory and cognition
- Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic
- Traditionally used in Chinese medicine to increase/augment/generate/promote/strengthen qi
- Traditionally used in Chinese medicine to tonify/nourish/strengthen/replenish Qi
- Aids/assists with recovery from illness/convalescence
- Traditionally used in Ayurvedic medicine to relieve feelings of general malaise/general debility
- Traditionally used in Western herbal medicine to relieve feelings of general malaise/general debility
- Maintain/support energy production
- Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness
- Traditionally used in Ayurvedic medicine to relieve weariness/tiredness/fatigue/feeling of weakness
- Maintain/support general health and wellbeing
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Traditionally used in Western herbal medicine to adaptogen/Help body adapt to stress
- Support healthy stress response in the body
- Maintain/support cognitive function/mental function

### Indication Requirements

- Label statement: If symptoms persist, talk to your health professional.
- If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to serious immunological diseases.
- Product presentation must not imply or refer to chronic fatigue syndrome.
- If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
- If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

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**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

No Warnings included on Record

**Additional Product information**

**Pack Size/Poison information**

**Pack Size** **Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

**Visual Identification**

**Active Ingredients**

<b>Astragalus membranaceus root Extract dry concentrate</b>	<b>225 mg</b>
Equivalent: Astragalus membranaceus (Dry)	4.5 g
<b>Eleutherococcus senticosus root Extract dry concentrate standardised</b>	<b>66.67 mg</b>
Equivalent: Eleutherococcus senticosus (Dry)	1 g
<b>Panax ginseng root Extract dry concentrate standardised</b>	<b>52.63 mg</b>
Equivalent: Panax ginseng (Dry)	1.052 g
<b>Panax quinquefolius root Extract dry concentrate standardised</b>	<b>111.11 mg</b>
Equivalent: Panax quinquefolius (Dry)	1.111 g
<b>Withania somnifera root Extract dry concentrate standardised</b>	<b>150 mg</b>
Equivalent: Withania somnifera (Dry)	1.5 g

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
Carnauba Wax  
chlorophyllin-copper complex  
colloidal anhydrous silica  
croscarmellose sodium  
crospovidone  
hypromellose  
macrogol 3350  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
povidone  
titanium dioxide

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