



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	353354	MediHerb Everyday B Multi
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Integria Healthcare Australia Pty Ltd	
<b>Postal Address</b>	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
<b>ARTG Start Date</b>	20/01/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . MediHerb Everyday B Multi

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	21/04/2022
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### Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Maintain/support general health and wellbeing in healthy adolescents
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Maintain/support healthy immune system function
- Maintain/support healthy immune system function in healthy adolescents
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in healthy adolescents
- Maintain/support (state vitamin/mineral) within normal range
- Maintain/support (state vitamin/mineral) within normal range in healthy adolescents
- Support healthy stress response in the body
- Support healthy stress response in the body in adolescents
- Aid/assist/helps synthesis of neurotransmitters

### Indication Requirements

- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
- If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.
- Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
- Product presentation must not imply or refer to serious immunological diseases.

Public Summary



**Australian Government**  
**Department of Health and Aged Care**  
 Therapeutic Goods Administration

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

WARNING - When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects.

Adults only.

The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

For practitioner dispensing only.

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Not to be taken by children under 2 years old (or words to that effect).

If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

**Additional Product information**

**Pack Size/Poison information**

<b>Pack Size</b>	<b>Poison Schedule</b>
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**Components**

**1 . Formulation 1**

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

**Visual Identification**

**Active Ingredients**

<b>ascorbic acid</b>	<b>75 mg</b>
<b>Biotin</b>	<b>50 microgram</b>
<b>borax</b>	<b>13.2 mg</b>
Equivalent: boron	1.5 mg
<b>calcium citrate tetrahydrate</b>	<b>56.9 mg</b>
Equivalent: calcium	12 mg
<b>calcium pantothenate</b>	<b>100 mg</b>
Equivalent: pantothenic acid	91.6 mg
Equivalent: calcium	8.4 mg
<b>choline bitartrate</b>	<b>50 mg</b>
Equivalent: choline	20.77 mg
<b>chromium nicotinate</b>	<b>81 microgram</b>
Equivalent: chromium	10 microgram
<b>colecalfiferol</b>	<b>.0025 mg</b>
<b>d-alpha-tocopheryl acid succinate</b>	<b>28.92 mg</b>
<b>dibasic potassium phosphate</b>	<b>34.1 mg</b>
Equivalent: potassium	15 mg
<b>inositol</b>	<b>30 mg</b>
<b>iron amino acid chelate</b>	<b>25 mg</b>
Equivalent: iron	5 mg
<b>levomefolate calcium</b>	<b>200 microgram</b>

Public Summary



Australian Government  
Department of Health and Aged Care  
Therapeutic Goods Administration

Equivalent: levomefolic acid	185 microgram
<b>lysine hydrochloride</b>	<b>35 mg</b>
Equivalent: lysine	27.45 mg
<b>magnesium citrate</b>	<b>43 mg</b>
Equivalent: magnesium	7.05 mg
<b>manganese amino acid chelate</b>	<b>250 microgram</b>
Equivalent: manganese	50 microgram
<b>mecobalamin (co-methylcobalamin)</b>	<b>200 microgram</b>
<b>menaquinone 7</b>	<b>5 microgram</b>
<b>molybdenum trioxide</b>	<b>90 microgram</b>
Equivalent: molybdenum	60 microgram
<b>nicotinamide</b>	<b>105 mg</b>
<b>potassium iodide</b>	<b>50 microgram</b>
Equivalent: iodine	38 microgram
Equivalent: potassium	12 microgram
<b>pyridoxal 5-phosphate monohydrate</b>	<b>25 mg</b>
Equivalent: pyridoxine	15.95 mg
<b>retinol acetate</b>	<b>.8843 mg</b>
Equivalent: vitamin A	.7497 mg
<b>riboflavin sodium phosphate</b>	<b>10 mg</b>
Equivalent: riboflavin	7.5 mg
<b>selenomethionine</b>	<b>186 microgram</b>
Equivalent: selenium	75 microgram
<b>thiamine hydrochloride</b>	<b>50 mg</b>
Equivalent: thiamine	44.59 mg
<b>zinc citrate</b>	<b>23.43 mg</b>
Equivalent: zinc	8 mg

**Other Ingredients (Excipients)**

Acacia  
calcium hydrogen phosphate dihydrate  
calcium phosphate  
colloidal anhydrous silica  
croscarmellose sodium  
dl-alpha-tocopherol  
hypromellose  
iron oxide black  
iron oxide red  
iron oxide yellow  
macrogol 400  
magnesium stearate  
maize starch  
medium chain triglycerides  
microcrystalline cellulose  
silicon dioxide  
sodium starch glycollate  
spray-dried glucose syrup  
sucrose  
titanium dioxide

Public Summary



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