



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	362766	METAGENICS META B COMPLEX
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	21/04/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . METAGENICS META B COMPLEX

Product Type	Single Medicine Product	Effective Date	7/06/2022
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Maintain/support energy levels
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Maintain/support healthy digestive system function
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Support healthy stress response in the body
- Aid/assist/helps synthesis of neurotransmitters
- Maintain/support nervous system health
- Maintain/support nervous system function

Indication Requirements

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to chronic fatigue syndrome.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings



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If symptoms persist consult your healthcare practitioner (or words to that effect).

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Container information

Type	Material	Life Time	Temperature	Closure	Conditions
Bottle	Not recorded	Not recorded	Not recorded	Child resistant closure	Not recorded

Pack Size/Poison information

Pack Size	Poison Schedule

Components

1 . Formulation 1

Dosage Form	Tablet, film coated
Route of Administration	Oral

Visual Identification

Active Ingredients

ascorbic acid	75.2323 mg
Biotin	50 microgram
borax	4.41 mg
Equivalent: boron	500 microgram
calcium hydrogen phosphate dihydrate	48.94 mg
Equivalent: calcium	11.5 mg
calcium pantothenate	104.7 mg
choline bitartrate	50 mg
chromium nicotinate	500 microgram
Equivalent: chromium	50 microgram
colecalfiferol	1.1111 microgram
copper gluconate	43 microgram
Equivalent: copper	6.02 microgram
cyanocobalamin	400 microgram
dibasic potassium phosphate	50.17 mg
Equivalent: potassium	22.07 mg
Dunaliella salina cell Extract soft concentrate standardised	66.67 mg
Equivalent: Dunaliella salina (Fresh)	125.0062 mg
folic acid	395.24 microgram
glutamine	100 mg
iron amino acid chelate	50 mg
Equivalent: iron	10 mg
lecithin	50 mg
lysine hydrochloride	50 mg
magnesium citrate	43.75 mg
Equivalent: magnesium	7 mg
manganese sulfate monohydrate	55 microgram
Equivalent: manganese	17.88 microgram
mixed (low-alpha type) tocopherols concentrate	15 mg
Equivalent: d-alpha-tocopherol	2.5 mg
nicotinamide	220 mg

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potassium aspartate monohydrate	50 mg
Equivalent: potassium	10 mg
potassium iodide	45.85 microgram
Equivalent: iodine	35 microgram
Equivalent: potassium	10.8 microgram
pyridoxine hydrochloride	50 mg
Equivalent: pyridoxine	41.15 mg
riboflavin	30 mg
selenomethionine	62.5 microgram
Equivalent: selenium	25 microgram
taurine	125 mg
thiamine hydrochloride	55.84 mg
zinc sulfate monohydrate	41.67 mg
Equivalent: zinc	15 mg

Other Ingredients (Excipients)

Acacia
ascorbyl palmitate
calcium hydrogen phosphate dihydrate
calcium hydrogen phosphate
calcium sulfate dihydrate
chlorophyllin-copper complex
citric acid
croscarmellose sodium
dl-alpha-tocopherol
Gelatin
hypromellose
macrogol 400
magnesium stearate
maize starch
maltodextrin
medium chain triglycerides
microcrystalline cellulose
mixed (low-alpha type) tocopherols concentrate
modified food starch
potable water
silicon dioxide
Soya Oil
sucrose
Sunflower Oil
tartaric acid

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