



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	373373	Vital Iron
ARTG entry for	Medicine Listed	
Sponsor	Martin & Pleasance Pty Ltd	
Postal Address	PO Box 2007, SOUTH MELBOURNE, VIC, 3205 Australia	
ARTG Start Date	24/08/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Vital Iron

Product Type	Single Medicine Product	Effective Date	24/08/2021
---------------------	-------------------------	-----------------------	------------

Permitted Indications

- Helps enhance/promote general health and wellbeing
- Maintain/support general health and wellbeing
- Aid/assist healthy red blood cell production
- Helps enhance/promote red blood cell health
- Maintain/support red blood cell health
- Maintain/support blood health
- Aid/assist/helps in the maintenance of blood levels of oxygen
- Helps enhance/promote/increase absorption of dietary (state vitamin/mineral/nutrient)
- Maintain/support absorption of dietary (state vitamin/mineral/nutrient)
- Enhance/improve/promote/increase (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
- Maintain/support (state vitamin/mineral) within normal range
- Maintain/support healthy pregnancy

Indication Requirements

- Product presentation must not imply or refer to serious cardiovascular conditions.
- Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
- If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
- Label statement: Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.
- Product presentation must not imply or refer to heart disease.

Standard Indications

No Standard Indications included on Record

Specific Indications



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

Asparagus officinalis shoot Powder 11.25 mg

Beta vulgaris root Juice powder 10 mg

Brassica oleracea var. italica sprout Powder 11.25 mg

Brassica oleracea var. viridis leaf Powder 10 mg

Malpighia glabra fruit Extract dry concentrate standardised 55.56 mg

Equivalent: Malpighia glabra (Dry) 1.389 g

Murraya koenigii leaf Extract dry concentrate 363.65 mg

Equivalent: Murraya koenigii (Dry) 25.4555 g

Spinacia oleracea leaf Powder 11.25 mg

Other Ingredients (Excipients)

carrageenan

citric acid

colloidal anhydrous silica

hypromellose

magnesium hydroxide

magnesium stearate

maltodextrin

potassium acetate

purified water

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.

Public Summary