



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	299072	ETHICAL NUTRIENTS MEGA MAGNESIUM RASPBERRY
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	29/01/2018	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . ETHICAL NUTRIENTS MEGA MAGNESIUM RASPBERRY

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	21/09/2021
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### Permitted Indications

Maintain/support energy levels  
Maintain/support general health and wellbeing  
Maintain/support cardiovascular system health  
Decrease/reduce/relieve muscle cramps  
Helps decrease/reduce/relieve mild muscle spasms/twitches  
Maintain/support healthy muscle contraction function  
Maintain/support muscle function  
Maintain/support healthy neuromuscular system/function  
Maintain/support muscle relaxation  
Maintain/support (state vitamin/mineral/nutrient) levels in the body  
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency  
Support healthy stress response in the body  
Decrease/reduce/relieve menstruation pain/dysmenorrhoea  
Decrease/reduce/relieve symptoms of premenstrual tension

### Indication Requirements

Product presentation must not imply or refer to chronic fatigue syndrome.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

### Standard Indications

No Standard Indications included on Record



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**Specific Indications**

No Specific Indications included on Record

**Warnings**

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Powder

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>ascorbic acid</b>	<b>34.48 mg/g</b>
<b>calcium hydrogen phosphate dihydrate</b>	<b>33.38 mg/g</b>
Equivalent: calcium	7.77 mg/g
<b>magnesium glycinate dihydrate</b>	<b>344.83 mg/g</b>
Equivalent: magnesium	34.48 mg/g
<b>monobasic potassium phosphate</b>	<b>20.92 mg/g</b>
Equivalent: potassium	6.01 mg/g
<b>pyridoxine hydrochloride</b>	<b>5.75 mg/g</b>
Equivalent: pyridoxine	4.73 mg/g
<b>taurine</b>	<b>344.83 mg/g</b>

**Other Ingredients (Excipients)**

**Beta vulgaris**

**citric acid**

**Flavour**

**malic acid**

**silicon dioxide**

**Steviol glycosides**

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