



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	377413	Digest Premium
ARTG entry for	Medicine Listed	
Sponsor	Thera Health Pty Ltd	
Postal Address	18/93 Rivergate Place, Murarrie, QLD, 4172 Australia	
ARTG Start Date	3/11/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Digest Premium

Product Type	Single Medicine Product	Effective Date	3/11/2021
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Permitted Indications

- Helps convert (state food) into energy
- Maintain/support general health and wellbeing
- Helps stimulate/increase digestive enzymes
- Maintain/support healthy digestion
- Aid/assist digestion/breakdown of dietary fat
- Aid/assist/helps digestion of fats/fatty acids/triglycerides/lipid
- Aid/assist digestion of glucose/sugar/carbohydrates
- Aid/assist digestion of lactose
- Decrease/reduce/relieve symptoms of lactose intolerance
- Helps enhance/promote/increase absorption of dietary (state vitamin/mineral/nutrient)

Indication Requirements

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to lowering blood lipids, blood fats and triglycerides.

Label statement: If symptoms persist, talk to your health professional.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

No Warnings included on Record

Additional Product information



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

Amylase	23 thousand DU
cellulase	1000 CU
lipase	2 thousand LipU
protease	70 Thousand HUT
tilactase	900 ALU

Other Ingredients (Excipients)

hypromellose

maltodextrin

medium chain triglycerides

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