



**Australian Government**  
**Department of Health and Aged Care**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	380294	C Plus Supreme
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Designs For Health Pty Ltd	
<b>Postal Address</b>	1 / 418 Pittwater Road, North Manly, NSW, 2100 Australia	
<b>ARTG Start Date</b>	6/12/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . C Plus Supreme

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	6/12/2021
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### Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Maintain/support collagen formation
- Maintain/support general health and wellbeing
- Aids/assists gum development
- Maintain/support gum health
- Aids/assists teeth development
- Maintain/support healthy teeth
- Maintain/support connective tissue health
- Aid/assist/helps connective tissue production/formation
- Maintain/support bone health
- Aids/assists healthy bone development/growth/building
- Helps maintain/supports healthy joint cartilage growth/development/production
- Helps maintain/support joint cartilage health
- Maintain/support cardiovascular system health
- Maintain/support immune system health
- Maintain/support healthy immune system function
- Maintain/support immune system to fight illness
- Helps stimulate a healthy immune system response
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)
- Support healthy stress response in the body
- Maintain/support wound healing
- Maintain/support skin repair/healing/regeneration

### Indication Requirements

Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.



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Product presentation must not imply or refer to serious immunological diseases.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet. If symptoms persist consult your healthcare practitioner (or words to that effect).

**Additional Product information**

**Pack Size/Poison information**

Pack Size	Poison Schedule
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**Components**

**1 . Formulation 1**

**Dosage Form** Powder, oral

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>ascorbic acid</b>	<b>250 mg/g</b>
<b>ascorbyl palmitate</b>	<b>20 mg/g</b>
Equivalent: ascorbic acid	8.5 mg/g
<b>Bixa orellana seed Extract dry concentrate</b>	<b>33.33 mg/g</b>
Equivalent: Bixa orellana (Dry)	11.1 g/g
<b>calcium ascorbate dihydrate</b>	<b>136.17 mg/g</b>
Equivalent: calcium	12.8 mg/g
Equivalent: ascorbic acid	112.5 mg/g
<b>Citrus bioflavonoids extract</b>	<b>10 mg/g</b>
<b>hesperidin</b>	<b>20 mg/g</b>
<b>magnesium ascorbate monohydrate</b>	<b>27.86 mg/g</b>
Equivalent: magnesium	1.72 mg/g
Equivalent: ascorbic acid	25 mg/g
<b>Phyllanthus emblica fruit Extract dry concentrate</b>	<b>25 mg/g</b>
Equivalent: Phyllanthus emblica (Dry)	1.25 g/g
<b>quercetin dihydrate</b>	<b>5 mg/g</b>
<b>rutoside</b>	<b>20 mg/g</b>

**Other Ingredients (Excipients)**

**ammonium glycyrrhizinate**  
**citric acid**  
**colloidal anhydrous silica**

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**Flavour**

hypromellose

maltodextrin

modified food starch

silicon dioxide

sodium bicarbonate

**Stevia rebaudiana**

tartaric acid

thaumatin

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