



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	382570	Henry Blooms His Multi
ARTG entry for	Medicine Listed	
Sponsor	Phytologic Holdings Pty Limited	
Postal Address	16-20 Baker Street, Banksmeadow, NSW, 2019 Australia	
ARTG Start Date	13/01/2022	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Henry Blooms His Multi

Product Type	Single Medicine Product	Effective Date	13/01/2022
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Enhance/promote energy levels
- Maintain/support energy levels
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support physical endurance/capacity/stamina
- Helps enhance/promote/increase vitality
- Maintain/support healthy eye function
- Maintain/support eye health
- Maintain/support healthy eyesight/vision
- Helps enhance/promote general health and wellbeing
- Maintain/support general health and wellbeing
- Maintain/support hair health
- Maintain/support healthy body tissues
- Maintain/support body tissue repair/regeneration
- Maintain/support bone health
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Helps maintain/supports healthy joint cartilage growth/development/production
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Helps maintain/support healthy blood sugar/glucose
- Maintain/support blood health
- Aid/assist/helps in the maintenance of blood levels of oxygen
- Helps maintain/support transport of oxygen in the body
- Aid/assist/helps oxygen transport to body tissues
- Maintain/support cardiovascular system health

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Maintain/support healthy cardiovascular system function
Maintain/support heart health
Maintain/support blood capillary health
Maintain/support healthy thyroid hormones
Maintain/support immune system health
Maintain/support healthy muscle contraction function
Maintain/support muscle health
Maintain/support healthy neuromuscular system/function
Maintain/support muscle relaxation
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency in vegetarians
Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
Aids/assists the body to cope with environmental stress
Enhance/promote body adaptation to stress
Support healthy stress response in the body
Help maintain/support emotional wellbeing
Maintain/support general mental wellbeing
Maintain/support neuromuscular function
Maintain/support nervous system health
Maintain/support reproductive system health in males
Maintain/support healthy reproductive hormones
Helps maintain/support testosterone formation/synthesis
Helps enhance/promote prostate health
Maintain/support sperm health
Maintain/support sperm motility
Maintain/support testosterone level
Maintain/support healthy mucous membranes/mucous tissue of the respiratory tract
Maintain/support wound healing
Maintain/support skin repair/healing/regeneration

Indication Requirements

Product presentation must not imply or refer to heart disease.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to vision correction, faults or serious eye disease e.g. macular degeneration.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to circulatory disorders/diseases/conditions e.g. thrombosis.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to infertility.

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

Product presentation must not imply or refer to serious genitourinary conditions like Benign Prostatic Hypertrophy, erectile dysfunction or hormone therapy.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to hormone imbalances.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis.
Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Product presentation must not imply or refer to any thyroid related diseases.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to any form of arthritis or osteoarthritis unless qualified as mild.



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Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Contains magnesium, which may have a laxative effect or cause diarrhoea (or words to that effect).
 Do not exceed the stated dose except on medical advice. If you have had a baby with a neural tube defect/spina bifida, seek specific medical advice (or words to that effect).
 Do not take while on warfarin therapy without medical advice.
 This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.
 Adults only.
 Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form	Tablet, film coated
Route of Administration	Oral

Visual Identification

Active Ingredients

betacarotene	5.4 mg
Biotin	150 microgram
borax	4.41 mg
Equivalent: boron	500 microgram
calcium ascorbate dihydrate	54.47 mg
Equivalent: ascorbic acid	45 mg
Equivalent: calcium	4.97 mg
calcium hydrogen phosphate	169.78 mg
Equivalent: phosphorus	38.63 mg
Equivalent: calcium	50 mg
calcium pantothenate	25.56 mg
Equivalent: pantothenic acid	23.41 mg
Equivalent: calcium	2.15 mg
choline bitartrate	120.35 mg
chromium nicotinate	350 microgram
Equivalent: chromium	35 microgram
Citrus bioflavonoids extract	12.5 mg
colecalfiferol	.025 mg
colloidal anhydrous silica	19.25 mg
Equivalent: silicon	9 mg
copper gluconate	8.57 mg
Equivalent: copper	1.2 mg
cyanocobalamin	10 microgram
d-alpha-tocopheryl acid succinate	10 mg
ferrous fumarate	24.31 mg
Equivalent: iron	8 mg
folic acid	400 microgram



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heavy magnesium oxide	215.52 mg
Equivalent: magnesium	130 mg
Lycopersicon esculentum fruit Extract dry concentrate standardised	16 mg
Equivalent: Lycopersicon esculentum (Dry)	800 mg
manganese sulfate monohydrate	8.3 mg
Equivalent: manganese	2.7 mg
molybdenum trioxide	67.5 microgram
Equivalent: molybdenum	45 microgram
nicotinamide	50 mg
phytomenadione	.07 mg
potassium iodide	150.4 microgram
Equivalent: potassium	35.4 microgram
Equivalent: iodine	115 microgram
pyridoxine hydrochloride	30.39 mg
Equivalent: pyridoxine	25 mg
riboflavin	15 mg
selenomethionine	174 microgram
Equivalent: selenium	70 microgram
thiamine nitrate	18.5 mg
Equivalent: thiamine	15 mg
ubidecarenone	5 mg
zinc oxide	17.43 mg
Equivalent: zinc	14 mg

Other Ingredients (Excipients)

Acacia
calcium hydrogen phosphate dihydrate
calcium hydrogen phosphate
croscarmellose sodium
crospovidone
d-alpha-tocopherol
dl-alpha-tocopherol
fractionated coconut oil
hypromellose
iron oxide yellow
liquid glucose
macrogol 400
magnesium stearate
maize starch
mannitol
microcrystalline cellulose
povidone
silicon dioxide
sodium ascorbate
soluble maize starch
sucrose

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