



Australian Government
Department of Health and Aged Care
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	395530	Microplex VMz
ARTG entry for	Medicine Listed	
Sponsor	doTERRA Australia Pty Ltd	
Postal Address	Ground Floor, 350 Wellington Road, MULGRAVE, VIC, 3170 Australia	
ARTG Start Date	6/09/2022	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Microplex VMz

Product Type	Single Medicine Product	Effective Date	6/09/2022
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Maintain/support collagen formation
- Maintain/support collagen health
- Maintain/support energy levels
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Maintain/support hair growth
- Maintain/support hair health
- Aid/assist nail growth
- Maintain/support nail health/strength/thickness
- Maintain/support connective tissue health
- Aid/assist/helps connective tissue production/formation
- Maintain/support bone health
- Maintain/support bone mass/density/integrity
- Maintain/support bone strength
- Help maintain/support bone mineralisation
- A diet deficient in calcium can lead to osteoporosis in later life. Calcium may help prevent osteoporosis when dietary intake is inadequate
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life
- Aid/assist healthy red blood cell production

Indication Requirements

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

Product presentation must not imply or refer to serious cardiovascular conditions.



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Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Indication can only be used for medicines that contain calcium as an active ingredient and the recommended daily dose of the medicine must provide at least 290 milligrams of elemental calcium.

Product presentation must not imply or refer to chronic fatigue syndrome.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

Contains benzoates' (or words to this effect) if the medicine contains two or more benzoate sources or 'Contains [insert the approved name of benzoate used]' (or words to this effect) if product contains one benzoate source.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Capsule, hard

Route of Administration Oral

Visual Identification

Active Ingredients

Amylase	111 DU
betacarotene	.923 mg
Biotin	75 microgram
Brassica oleracea var. capitata leaf Powder	1.38 mg
Brassica oleracea var. gemmifera leaf bud Powder	1.38 mg
Brassica oleracea var. italica sprout Extract dry concentrate	1.38 mg
Equivalent: Brassica oleracea var. italica (Dry)	414 mg
Brassica oleracea var. viridis leaf Powder	5.63 mg
calcified lithothamnion species	93.75 mg
Equivalent: magnesium	2.06 mg
Equivalent: calcium	30 mg
calcium ascorbate dihydrate	45.39 mg
Equivalent: calcium	4.27 mg
Equivalent: ascorbic acid	37.5 mg
calcium carbonate	226.26 mg
Equivalent: calcium	90.5 mg
calcium folinate	138.89 microgram
Equivalent: folic acid	100 microgram
calcium pantothenate	2.73 mg
Equivalent: pantothenic acid	2.5 mg
Carum carvi seed Extract dry concentrate	2.5 mg
Equivalent: Carum carvi (Dry)	10 mg
cellulase	55 CU
chromium nicotinate	104.17 microgram
Equivalent: chromium	

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	12.5 microgram
colecalfiferol	.0012 mg
copper gluconate	892.86 microgram
Equivalent: copper	125 microgram
cyanocobalamin	2.5 microgram
d-alpha-tocopheryl acid succinate	10.33 mg
Fucus vesiculosus whole plant Powder	12.5 mg
iron (II) glycinate	5.48 mg
Equivalent: iron	1.5 mg
lipase	37 LipU
magnesium amino acid chelate	185.63 mg
Equivalent: magnesium	37.13 mg
magnesium ascorbate monohydrate	13.93 mg
Equivalent: magnesium	862.21 microgram
Equivalent: ascorbic acid	12.5 mg
manganese amino acid chelate	1.25 mg
Equivalent: manganese	125 microgram
Mentha X piperita leaf Extract dry concentrate	2.5 mg
Equivalent: Mentha X piperita (Dry)	10 mg
nicotinamide	5 mg
palm tocotrienols complex	250 microgram
Petroselinum crispum herb Powder	3.38 mg
phytomenadione	5 microgram
protease	3.066 Thousand HUT
pyridoxine hydrochloride	911.65 microgram
Equivalent: pyridoxine	750 microgram
retinol acetate	88.4614 microgram
Equivalent: vitamin A	74.9999 microgram
riboflavin	750 microgram
selenomethionine	43.47 microgram
Equivalent: selenium	17.5 microgram
Spinacia oleracea leaf Powder	1.38 mg
Taraxacum officinale leaf Extract dry concentrate	3.38 mg
Equivalent: Taraxacum officinale (Dry)	16.9 mg
thiamine hydrochloride	840.94 microgram
tilactase	69 ALU
zinc amino acid chelate	18.75 mg
Equivalent: zinc	3.75 mg
Zingiber officinale root Extract dry concentrate	2.5 mg
Equivalent: Zingiber officinale (Dry)	50 mg

Other Ingredients (Excipients)

- Acacia
- calcium carbonate
- calcium hydrogen phosphate dihydrate
- citric acid
- colloidal anhydrous silica
- croscarmellose sodium
- crospovidone
- dextrin
- disodium edetate
- dl-alpha-tocopherol

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ethylcellulose
gellan gum
glucose monohydrate
hypromellose
magnesium stearate
maize starch
maltodextrin
medium chain triglycerides
microcrystalline cellulose
Pea Starch
potable water
potassium acetate
purified water
silicon dioxide
sodium alginate
sodium benzoate
sodium citrate
spray-dried glucose syrup
starch sodium octenyl succinate
sucrose
tartaric acid

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