



Australian Government
Department of Health
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	299596	ETHICAL NUTRIENTS BONE BUILDER WITH VITAMIN D POWDER
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	13/02/2018	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS BONE BUILDER WITH VITAMIN D POWDER

Product Type	Single Medicine Product	Effective Date	24/06/2020
---------------------	-------------------------	-----------------------	------------

Permitted Indications

- Maintain/support bone health
- Maintain/support bone health in elderly individuals
- Aids/assists healthy bone development/growth/building
- Helps enhance/promote bone mass/density in post-menopausal women
- Maintain/support bone mass/density/integrity in post-menopausal women
- Maintain/support bone mass/density/integrity
- Helps enhance/promote bone strength
- Maintain/support bone strength in post-menopausal women
- Maintain/support bone strength in children
- Helps enhance/promote/increase metabolism of (state mineral) in bones
- A diet deficient in calcium can lead to osteoporosis in later life. Calcium may help prevent osteoporosis when dietary intake is inadequate in post-menopausal women
- Vitamin D helps calcium absorption (or words of like intent) and a diet deficient in calcium can lead to osteoporosis in later life in post-menopausal women
- Enhance/improve/promote/increase (state vitamin/mineral/nutrient) levels in the body in adolescents
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in children up to 12 years of age
- Maintain/support (state vitamin/mineral/nutrient) levels in the body

Indication Requirements

Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Indication can only be used for medicines that contain calcium as an active ingredient and the recommended daily dose of the medicine must provide at least 290 milligrams of elemental calcium.

Public Summary



Australian Government
Department of Health
Therapeutic Goods Administration

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Indication only for use for medicines that contain vitamin D as an active ingredient. The medicines may only contain a maximum recommended daily dose of 25 micrograms or less of vitamin D and as a minimum, also contain at least 25% of the RDI in the recommended daily dose of vitamin D.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Not to be taken by children under 2 years old (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size **Poison Schedule**

Components

1 . Formulation 1

Dosage Form Powder, oral

Route of Administration Oral

Visual Identification

Active Ingredients

borax	5.39 mg/g
Equivalent: boron	611.23 microgram/g
colecalfiferol	.0051 mg/g
hydroxyapatite	800.32 mg/g
Equivalent: calcium	204.08 mg/g
Equivalent: phosphorus	88.04 mg/g
phytomenadione	17.007 microgram/g

Other Ingredients (Excipients)

Acacia
cocoa powder
colloidal anhydrous silica
dl-alpha-tocopherol
Flavour
maize starch
maltodextrin
medium chain triglycerides
potassium bicarbonate
silicon dioxide
Steviol glycosides
sucrose

Public Summary

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.