



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	299646	Mediherb Fe-Max Tablet
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Integria Healthcare Australia Pty Ltd	
<b>Postal Address</b>	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
<b>ARTG Start Date</b>	14/02/2018	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . Mediherb Fe-Max Tablet**

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	24/01/2022
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**Permitted Indications**

- Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic
- Helps convert (state food) into energy
- Traditionally used in Ayurvedic medicine to maintain/support general health and wellbeing
- Maintain/support general health and wellbeing
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Maintain/support blood health
- Helps maintain/support transport of oxygen in the body
- Aid/assist/helps oxygen transport to body tissues
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support absorption of dietary (state vitamin/mineral/nutrient)
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in elderly individuals
- Maintain/support (state vitamin/mineral/nutrient) levels in the body In older males
- Maintain/support (state vitamin/mineral/nutrient) levels in the body In older females
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in teenagers
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in healthy females
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in adolescents
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in breastfeeding women
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in vegetarians
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in athletes
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in active individuals
- Helps prevent dietary (state vitamin/mineral/nutrient) deficiency
- Maintain/support (state vitamin/mineral) within normal range in athletes
- Maintain/support (state vitamin/mineral) within normal range in active individuals
- Maintain/support (state vitamin/mineral) within normal range in vegetarians
- Maintain/support (state vitamin/mineral) within normal range in vegans

Public Summary



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

Maintain/support (state vitamin/mineral) within normal range In older males  
 Maintain/support (state vitamin/mineral) within normal range  
 Maintain/support (state vitamin/mineral) within normal range in healthy teenagers  
 Maintain/support (state vitamin/mineral) within normal range in healthy females  
 Maintain/support (state vitamin/mineral) within normal range in breastfeeding women  
 Maintain/support (state vitamin/mineral) within normal range in healthy elderly individuals  
 Maintain/support (state vitamin/mineral) within normal range in healthy adolescents  
 Maintain/support (state vitamin/mineral) within normal range In older females

**Indication Requirements**

Product presentation must not imply or refer to serious cardiovascular conditions.  
 Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.  
 If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
 Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).  
 If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.  
 If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.  
 Product presentation must not imply or refer to heart disease.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].  
 Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.  
 If symptoms persist consult your healthcare practitioner (or words to that effect).  
 Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.  
 Not for the treatment of iron deficiency conditions (or words to that effect).

**Additional Product information**

**Container information**

Type	Material	Life Time	Temperature	Closure	Conditions
Bottle	Not recorded	Not recorded	Not recorded	Child resistant closure	Not recorded

**Pack Size/Poison information**

Pack Size	Poison Schedule

**Components**

1 . Formulation 1

<b>Dosage Form</b>	Tablet, film coated
<b>Route of Administration</b>	Oral

**Visual Identification**

**Active Ingredients**

<b>ascorbic acid</b>	<b>120 mg</b>
<b>Codonopsis pilosula root Extract dry concentrate</b>	<b>83.33 mg</b>
Equivalent: Codonopsis pilosula (Dry)	500 mg
<b>iron amino acid chelate</b>	<b>60 mg</b>
Equivalent: iron	12 mg
<b>levomefolate calcium</b>	<b>108 microgram</b>
Equivalent: levomefolic acid	100 microgram

Public Summary



**Australian Government**  
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<b>mecobalamin (co-methylcobalamin)</b>	<b>250 microgram</b>
<b>pyridoxal 5-phosphate monohydrate</b>	<b>7.84 mg</b>
Equivalent: pyridoxine	5 mg
<b>riboflavin sodium phosphate</b>	<b>6.91 mg</b>
Equivalent: riboflavin	5 mg
<b>Withania somnifera root Extract dry concentrate</b>	<b>150 mg</b>
Equivalent: Withania somnifera (Dry)	1.8 g

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
colloidal anhydrous silica  
croscarmellose sodium  
hypromellose  
iron oxide black  
iron oxide red  
iron oxide yellow  
macrogol 400  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
silicon dioxide  
sodium starch glycollate  
titanium dioxide

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Public Summary