



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	369796	Anxiolift
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	McPherson's Consumer Products Pty Ltd	
<b>Postal Address</b>	Locked Bag 5018, Kingsgrove, NSW, 2208 Australia	
<b>ARTG Start Date</b>	18/06/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Anxiolift

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	10/02/2022
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### Permitted Indications

Traditionally used in Ayurvedic medicine to rasayan/rejuvenative tonic  
Traditionally used in Chinese medicine to regulate Qi  
Traditionally used in Chinese medicine to calm/stabilise/settle/regulate shen  
Traditionally used in Chinese medicine to decrease/reduce/relieve abdominal bloating/distention  
Traditionally used in Chinese medicine to decrease/reduce/relieve abdominal feeling of fullness  
Traditionally used in Chinese medicine to relieve excessive belching  
Traditionally used in Chinese medicine to digestive tonic/Improve digestive weakness  
Traditionally used in Chinese medicine to decrease/reduce/relieve nausea  
Traditionally used in Ayurvedic medicine to adaptogen/Help body adapt to stress  
Enhance/promote body adaptation to stress  
Traditionally used in Ayurvedic medicine to enhance/promote body adaptation to stress  
Traditionally used in Ayurvedic medicine to support healthy stress response in the body  
Traditionally used in Chinese medicine to relieve irritability  
Traditionally used in Chinese medicine to calms the mind  
Traditionally used in Chinese medicine to aid/assist/helps mind relaxation  
Traditionally used in Chinese medicine to calm/soothe/nourish/balance spirit  
Traditionally used in Chinese medicine to decrease/reduce/relieve restlessness/excess nervous energy  
Decrease/reduce/relieve symptoms of stress  
Traditionally used in Ayurvedic medicine to decrease/reduce/relieve symptoms of stress  
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety  
Decrease/reduce/relieve symptoms of mild anxiety

### Indication Requirements

If Ayurvedic terminology is used on medicine label, label statement: Talk to a Ayurvedic practitioner/health professional if you are unsure if this medicine is right for you.

Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to gastro oesophageal reflux disease.

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Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.

Product presentation must only refer to mild anxiety.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

#### Additional Product information

#### Pack Size/Poison information

Pack Size	Poison Schedule
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#### Components

##### 1 . Formulation 1

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

#### Visual Identification

#### Active Ingredients

<b>Citrus reticulata fruit peel Extract dry concentrate</b>	<b>75 mg</b>
Equivalent: Citrus reticulata (Dry)	750 mg
<b>Magnolia officinalis stem bark Extract dry concentrate standardised</b>	<b>93.75 mg</b>
Equivalent: honokiol (of Magnolia officinalis) ( )	8.4375 mg
Equivalent: Magnolia officinalis ( )	750 mg
<b>Ocimum tenuiflorum whole plant Extract dry concentrate standardised</b>	<b>300 mg</b>
Equivalent: Ocimum tenuiflorum (Dry)	3000 mg
<b>Polygala tenuifolia root Extract dry concentrate</b>	<b>75 mg</b>
Equivalent: Polygala tenuifolia (Dry)	750 mg
<b>Withania somnifera root Extract dry concentrate</b>	<b>187.5 mg</b>
Equivalent: Withania somnifera (Dry)	1.875 g
<b>Wolfiporia cocos fruiting body Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Wolfiporia cocos (Dry)	500 mg

#### Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate

Carnauba Wax

colloidal anhydrous silica

croscarmellose sodium

hypromellose

macrogol 8000

magnesium stearate

maltodextrin

microcrystalline cellulose

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