



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	337393	ETHICAL NUTRIENTS EXTRA C PLUS ZINC
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	3/06/2020	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . ETHICAL NUTRIENTS EXTRA C PLUS ZINC

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	3/06/2020
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#### Permitted Indications

Maintain/support healthy immune system function  
Maintain/support immune system to fight illness  
Decrease/reduce/relieve common cold duration  
Decrease/reduce/relieve the severity of common cold symptoms

#### Indication Requirements

Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.  
Label statement: Adults only, OR Not to be used in children under 2 years of age without medical advice (or words to that effect).  
Product presentation must not imply or refer to serious immunological diseases.  
Label statement: If symptoms persist, talk to your health professional.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.  
Adults only. OR Not to be used in children under two years of age without medical advice (or words to that effect).  
WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).  
The recommended daily dose of this medicine contains [state quantity and units] of sodium (or words to that effect).  
If symptoms persist consult your healthcare practitioner (or words to that effect).

#### Additional Product information



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form**                      Tablet, film coated

**Route of Administration**      Oral

**Visual Identification**

**Active Ingredients**

<b>calcium ascorbate dihydrate</b>	<b>605.3 mg</b>
Equivalent: ascorbic acid	499.84 mg
<b>Citrus bioflavonoids extract</b>	<b>50 mg</b>
<b>hesperidin</b>	<b>5 mg</b>
<b>rutoside</b>	<b>5 mg</b>
<b>sodium ascorbate</b>	<b>562.4 mg</b>
Equivalent: ascorbic acid	499.91 mg
<b>zinc amino acid chelate</b>	<b>40 mg</b>
Equivalent: zinc	8 mg

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
Carnauba Wax  
colloidal anhydrous silica  
croscarmellose sodium  
hypromellose  
macrogol 400  
magnesium stearate  
maize starch  
microcrystalline cellulose  
povidone

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