



Australian Government
Department of Health
 Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	288714	Mediherb MediMag tablets
ARTG entry for	Medicine Listed	
Sponsor	Integria Healthcare Australia Pty Ltd	
Postal Address	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
ARTG Start Date	9/05/2017	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Mediherb MediMag tablets

Product Type	Single Medicine Product	Effective Date	4/12/2020
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Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing
- Maintain/support healthy cardiovascular system function
- Maintain/support healthy muscle contraction function
- Maintain/support muscle health
- Maintain/support muscle function
- Maintain/support healthy neuromuscular system/function
- Maintain/support muscle relaxation
- Maintain/support muscle tone
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral) within normal range
- Helps reduce occurrence of symptoms of headaches
- Decrease/reduce/relieve mild migraine symptoms
- Helps reduce occurrence of mild migraines
- Maintain/support nerve conduction
- Aid/assist/helps synthesis of neurotransmitters
- Decrease/reduce/relieve symptoms of premenstrual tension
 - Linked indication - Decrease/reduce/relieve breast pain/tenderness associated with premenstrual tension
 - Linked indication - Decrease/reduce/relieve mood changes/mood swings associated with premenstrual tension
 - Linked indication - Decrease/reduce/relieve abdominal bloating/distention
 - Linked indication - Decrease/reduce feelings of aggression/irritability associated with premenstrual tension

Indication Requirements

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

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Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.

Product presentation must not imply or refer to serious cardiovascular conditions.

Product presentation must only refer to mild migraine.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must not imply or refer to gastro oesophageal reflux disease.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

For practitioner dispensing only.

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6].

If symptoms persist, seek the advice of a healthcare professional.

WARNING: May be dangerous if taken in large amounts or for a long period. OR WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period (or words to that effect).

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
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Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

chromic chloride hexahydrate	512.56 microgram
Equivalent: chromium	100 microgram
dibasic potassium phosphate	55.69 mg
Equivalent: potassium	25 mg
magnesium citrate	928.22 mg
Equivalent: magnesium	150 mg
pyridoxal 5-phosphate monohydrate	19.59 mg
Equivalent: pyridoxine	12.5 mg
taurine	300 mg
zinc citrate dihydrate	23.36 mg
Equivalent: zinc	7.5 mg

Other Ingredients (Excipients)

- calcium hydrogen phosphate dihydrate
- Carnauba Wax
- colloidal anhydrous silica
- croscarmellose sodium
- crospovidone

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hypromellose
macrogol 400
magnesium stearate
microcrystalline cellulose
povidone

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