



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

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|--------------------------------|---|-------------------|
| Summary for ARTG Entry: | 226204 | METAGENICS O-LIFT |
| ARTG entry for | Medicine Listed | |
| Sponsor | Metagenics (Aust) Pty Ltd | |
| Postal Address | PO Box 675, VIRGINIA BC, QLD, 4014 Australia | |
| ARTG Start Date | 24/07/2014 | |
| Product Category | Medicine | |
| Status | Active | |
| Approval Area | Listed Medicines | |

Products

1 . METAGENICS O-LIFT

| | | | |
|---------------------|-------------------------|-----------------------|------------|
| Product Type | Single Medicine Product | Effective Date | 20/11/2019 |
|---------------------|-------------------------|-----------------------|------------|

Permitted Indications

Traditionally used in Chinese medicine to nourish/tonify/replenish kidney-yin
Traditionally used in Western herbal medicine to relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Chinese medicine to relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Chinese medicine to decrease/reduce/relieve excessive perspiration/sweating
Traditionally used in Chinese medicine to maintain/support healthy adrenal gland function
Traditionally used in Western herbal medicine to maintain/support healthy adrenal gland function
Traditionally used in Chinese medicine to help maintain/support emotional wellbeing
Traditionally used in Chinese medicine to decrease/reduce/relieve hot flushes associated with mild anxiety
Traditionally used in Chinese medicine to decrease/reduce/relieve sleeplessness
Traditionally used in Chinese medicine to decrease/reduce/relieve menstrual cycle irregularity/irregular periods
Maintain/support healthy female hormonal balance during menopause
Traditionally used in Chinese medicine to helps decrease/reduce/relieve night sweats associated with menopause
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of menopause
Maintain/support oestrogen hormone levels

Indication Requirements

Product presentation must only refer to mild anxiety.
Label statement: If symptoms persist, talk to your health professional.

Product presentation must not imply or refer to chronic fatigue syndrome.
Product presentation must not imply or refer to mental illnesses, disorders or conditions.
If TCM terminology is used on medicine label, label statement: Talk to a TCM practitioner/health professional if you are unsure if this medicine is right for you.
Product presentation must not imply or refer to any adrenal related diseases.
Product presentation must not imply or refer to kidney disease.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information

| | |
|------------------|------------------------|
| Pack Size | Poison Schedule |
|------------------|------------------------|

Components

1 . Formulation 1

Public Summary



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Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

| | |
|--|---------------|
| Alisma orientale rhizome Extract dry concentrate | 92 mg |
| Equivalent: Alisma orientale (Dry) | 920 mg |
| Anemarrhena asphodeloides rhizome Extract dry concentrate | 89 mg |
| Equivalent: Anemarrhena asphodeloides (Dry) | 890 mg |
| Cornus officinalis fruit Extract dry concentrate | 156 mg |
| Equivalent: Cornus officinalis (Dry) | 1.56 g |
| Dioscorea oppositifolia rhizome Extract dry concentrate | 156 mg |
| Equivalent: Dioscorea oppositifolia (Dry) | 1.56 g |
| Paeonia suffruticosa root bark Extract dry concentrate | 92 mg |
| Equivalent: Paeonia suffruticosa (Dry) | 920 mg |
| Rehmannia glutinosa root Extract dry concentrate | 320 mg |
| Equivalent: Rehmannia glutinosa (Dry) | 3.2 g |
| Wolfiporia cocos fruiting body Extract dry concentrate | 92 mg |
| Equivalent: Wolfiporia cocos (Dry) | 920 mg |
| Ziziphus jujuba var. spinosa seed Extract dry concentrate | 111 mg |
| Equivalent: Ziziphus jujuba var. spinosa (Dry) | 1.11 g |

Other Ingredients (Excipients)

calcium hydrogen phosphate dihydrate
Carnauba Wax
colloidal anhydrous silica
croscarmellose sodium
hypromellose
macrogol 400
magnesium stearate
microcrystalline cellulose
sodium starch glycollate type A

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