



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	172181	METAGENICS ADAPTAN
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	10/06/2010	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Products

1 . METAGENICS ADAPTAN

Product Type	Single Medicine Product	Effective Date	2/07/2020
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Permitted Indications

Traditionally used in Chinese medicine to adaptogen/Help body adapt to stress
Aids/assists the body to cope with environmental stress
Support healthy stress response in the body
Traditionally used in Chinese medicine to decrease/reduce/relieve restlessness/excess nervous energy
Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of stress
Linked indication - Decrease/reduce/relieve nervous tension/unrest
Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of stress
Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
Linked indication - Decrease/reduce/relieve nervous tension/unrest
Traditionally used in Western herbal medicine to decrease/reduce/relieve nervous tension/unrest
Traditionally used in Chinese medicine to decrease/reduce/relieve symptoms of mild anxiety
Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
Linked indication - Decrease/reduce/relieve nervous tension/unrest
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety
Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety
Linked indication - Relieve weariness/tiredness/fatigue/feeling of weakness
Linked indication - Decrease/reduce/relieve nervous tension/unrest
Traditionally used in Western herbal medicine to maintain/support nervous system health

Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.
Product presentation must not imply or refer to chronic fatigue syndrome.
Label statement: If symptoms persist, talk to your health professional.
Product presentation must only refer to mild anxiety.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

'Contains gluten (or words to that effect)'
If symptoms persist consult your healthcare practitioner (or words to that effect).

Additional Product information

Pack Size/Poison information



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Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

Avena sativa herb Extract dry concentrate	100 mg
Equivalent: Avena sativa (Dry)	1 g
Lavandula angustifolia herb Extract dry concentrate	250 mg
Equivalent: Lavandula angustifolia (Dry)	1 g
Panax quinquefolius root Extract dry concentrate	300 mg
Equivalent: Panax quinquefolius (Dry)	1.5 g
Rehmannia glutinosa root Extract dry concentrate	416.667 mg
Equivalent: Rehmannia glutinosa (Dry)	2.5 g

Other Ingredients (Excipients)

croscarmellose sodium

hypromellose

macrogol 8000

magnesium stearate

microcrystalline cellulose

silicon dioxide

stearic acid

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