



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	65600	BRAUER CALM Oral Spray
ARTG entry for	Medicine Listed	
Sponsor	Brauer Natural Medicine Pty Ltd	
Postal Address	PO Box 234, TANUNDA, SA, 5352 Australia	
ARTG Start Date	31/07/1998	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

Sponsors must confirm the absence of aristolochic acids, in all medicines containing herbal material derived from any of the following plant genera - Akebia, Asarum, Bragantia, Clematis, Cocculus, Diploclisia, Menispermum, Saussurea, Sinomenium, Stephania, Vladimiria. The confirmation must be undertaken by chemical analysis using Liquid Chromatography Mass Spectrometry (LC-MS). The methodology used should adhere to best practice according to contemporary scientific literature.

Confirmatory evidence is to be provided to the Director of Listing Compliance, Complementary and OTC Medicines Branch, prior to supply of each batch in Australia. The evidence submitted to the TGA is to include the certificate of analysis, all relevant details of the methodology, such as analytical method validation data, and the raw results.

All supporting evidence must be approved by the TGA prior to supply of the batch in Australia.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . BRAUER CALM Oral Spray

Product Type	Single Medicine Product	Effective Date	1/02/2021
---------------------	-------------------------	-----------------------	-----------

Permitted Indications

Traditionally used in Homoeopathic medicine to relieve irritability

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve restlessness/excess nervous energy

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve symptoms of stress

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve nervous tension/unrest

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve sleeplessness

Traditionally used in Homoeopathic medicine to decrease/reduce/relieve disturbed/restless sleep

Indication Requirements

Label statement: If symptoms persist, talk to your health professional.

Product presentation must only refer to mild anxiety.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

Homoeopathic product/preparation or medicine (or words to that effect)

Contains ethanol or contains alcohol.



Australian Government
Department of Health
Therapeutic Goods Administration

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Spray
Route of Administration Sublingual

Visual Identification

Active Ingredients

Anamirta cocculus fruit (Homeopathic)	50 microlitre/mL
Equivalent: Picrotoxin	25 ng/mL
Chamaelirium luteum root and rhizome (Homeopathic)	50 microlitre/mL
Passiflora incarnata herb flowering (Homeopathic)	50 microlitre/mL
phosphoric acid (Homeopathic)	60 microlitre/mL
sepia (Homeopathic)	50 microlitre/mL
Strychnos ignatii seed (Homeopathic)	50 microlitre/mL
Equivalent: strychnine (of Strychnos spp.)	18 ng/mL
Strychnos nux-vomica seed (Homeopathic)	1.667 microlitre/mL
Equivalent: strychnine (of Strychnos spp.)	0 picogram/mL
zinc (Homeopathic)	5 microlitre/mL

Other Ingredients (Excipients)

ethanol absolute
purified water

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.

Public Summary