



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

**Summary for ARTG Entry:** 171147 ETHICAL NUTRIENTS CHROMEX CHROMIUM & ALA COMPLEX

<b>ARTG entry for</b>	Medicine Listed
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia
<b>ARTG Start Date</b>	6/05/2010
<b>Product Category</b>	Medicine
<b>Status</b>	Active
<b>Approval Area</b>	Listed Medicines

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . ETHICAL NUTRIENTS CHROMEX CHROMIUM & ALA COMPLEX**

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	29/05/2020
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**Permitted Indications**

- Antioxidant/Reduce free radicals formed in the body
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)

**Indication Requirements**

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.  
 If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

If symptoms persist consult your healthcare practitioner (or words to that effect).  
 Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

**Additional Product information**

**Pack Size/Poison information**

<b>Pack Size</b>	<b>Poison Schedule</b>
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**Components**

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**1 . Formulation 1**

**Dosage Form** Capsule, hard  
**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>alpha lipoic acid</b>	<b>75 mg</b>
<b>chromic chloride hexahydrate</b>	<b>.6407 mg</b>
Equivalent: chromium	125 microgram
<b>Cinnamomum cassia</b>	<b>125 mg</b>
<b>Gymnema sylvestre</b>	<b>125 mg</b>

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
colloidal anhydrous silica  
disodium edetate  
gellan gum  
hypromellose  
magnesium stearate  
microcrystalline cellulose  
potable water  
potassium acetate

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