



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	374133	Calm Bursts
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	FIT-BioCeuticals Limited	
<b>Postal Address</b>	Care of Blackmores Ltd PO Box 1725, Warriewood, NSW, 2102 Australia	
<b>ARTG Start Date</b>	3/09/2021	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Calm Bursts

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	9/09/2021
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#### Permitted Indications

Traditionally used in Western herbal medicine to decrease/reduce/relieve restlessness/excess nervous energy

Traditionally used in Western herbal medicine to decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Pacific Islander medicine to decrease/reduce/relieve symptoms of mild anxiety

Traditionally used in Western herbal medicine to soporific/induces sleep

#### Indication Requirements

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Product presentation must only refer to mild anxiety.

Label statement: If symptoms persist, talk to your health professional.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

<b>Pack Size</b>	<b>Poison Schedule</b>
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#### Components

##### 1 . Formulation 1

<b>Dosage Form</b>	Capsule, soft
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<b>Route of Administration</b>	Oral
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#### Visual Identification

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**Active Ingredients**

<b>Piper methysticum root and rhizome Extract dry concentrate standardised</b>	<b>200 mg</b>
Equivalent: Piper methysticum (Dry)	800 mg

**Other Ingredients (Excipients)**

calcium hydrogen phosphate  
caramel  
colloidal anhydrous silica  
Flavour  
Gelatin  
glycerol  
glyceryl monostearate  
lecithin  
Lemon Oil  
light liquid paraffin  
Lime Oil Coldpressed  
maltodextrin  
medium chain triglycerides  
menthol  
microcrystalline cellulose  
Peppermint Oil  
purified water  
Siraitia grosvenorii

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