



**Australian Government**  
**Department of Health**  
 Therapeutic Goods Administration

**Public Summary**

<b>Summary for ARTG Entry:</b>	196275	Ethical Nutrients Ginseng 5 Exhaustion Relief
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	Metagenics (Aust) Pty Ltd	
<b>Postal Address</b>	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
<b>ARTG Start Date</b>	2/04/2012 11:00:00 PM	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

**Conditions**

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

**Products**

**1 . Ethical Nutrients Ginseng 5 Exhaustion Relief**

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	19/05/2020
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**Permitted Indications**

- Maintain/support physical endurance/capacity/stamina
- Helps enhance/promote/increase vitality
- Relieve weariness/tiredness/fatigue/feeling of weakness
- Enhance/promote body adaptation to stress
- Decrease/reduce/relieve symptoms of stress
- Decrease/reduce/relieve symptoms of stress
  - Linked indication - Maintain/support physical endurance/capacity/stamina
  - Linked indication - Maintain/support immune system health
  - Linked indication - Maintain/support cognitive function/mental function
- Maintain/support mental concentration/focus/clarity

**Indication Requirements**

- Label statement: If symptoms persist, talk to your health professional.
- Product presentation must not imply or refer to chronic fatigue syndrome.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to serious immunological diseases.

**Standard Indications**

No Standard Indications included on Record

**Specific Indications**

No Specific Indications included on Record

**Warnings**

- If symptoms persist consult your healthcare practitioner (or words to that effect).
- If symptoms persist, seek the advice of a healthcare professional.

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**Additional Product information**

**Pack Size/Poison information**

**Pack Size**

**Poison Schedule**

**Components**

**1 . Formulation 1**

**Dosage Form** Capsule, hard

**Route of Administration** Oral

**Visual Identification**

**Active Ingredients**

<b>Eleutherococcus senticosus root and rhizome Extract dry concentrate</b>	<b>90 mg</b>
Equivalent: Eleutherococcus senticosus (Dry)	900 mg
<b>Eleutherococcus senticosus stem Extract dry concentrate</b>	<b>60 mg</b>
Equivalent: Eleutherococcus senticosus (Dry)	600 mg
<b>Panax ginseng root and rhizome Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Panax ginseng (Dry)	1000 mg
<b>Panax notoginseng root and rhizome Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Panax notoginseng (Dry)	1000 mg
<b>Panax quinquefolius root Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Panax quinquefolius (Dry)	1000 mg
<b>Withania somnifera root Extract dry concentrate</b>	<b>100 mg</b>
Equivalent: Withania somnifera (Dry)	1000 mg

**Other Ingredients (Excipients)**

chlorophyllin-copper complex  
colloidal anhydrous silica  
disodium edetate  
gellan gum  
hypromellose  
magnesium stearate  
potassium acetate  
purified water  
sorbitan monolaurate

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