



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	337129	ETHICAL NUTRIENTS MEGA MAGNESIUM ENERGY & STRESS
ARTG entry for	Medicine Listed	
Sponsor	Metagenics (Aust) Pty Ltd	
Postal Address	PO Box 675, VIRGINIA BC, QLD, 4014 Australia	
ARTG Start Date	27/05/2020	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . ETHICAL NUTRIENTS MEGA MAGNESIUM ENERGY & STRESS

Product Type	Single Medicine Product	Effective Date	27/05/2020
---------------------	-------------------------	-----------------------	------------

Permitted Indications

- Maintain/support energy levels
- Relieve weariness/tiredness/fatigue/feeling of weakness when dietary intake is inadequate
- Maintain/support general health and wellbeing
- Maintain/support healthy thyroid hormones
- Aid/assist thyroid hormone production
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Support healthy stress response in the body
- Support healthy stress response in the body when dietary intake is inadequate
- Decrease/reduce/relieve symptoms of stress
- Decrease/reduce/relieve symptoms of stress when dietary intake is inadequate
- Decrease/reduce mental/cognitive fatigue

Indication Requirements

- Product presentation must not imply or refer to any thyroid related diseases.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Label statement: If symptoms persist, talk to your health professional.
- If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).
- Product presentation must not imply or refer to chronic fatigue syndrome.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record



Australian Government
Department of Health
Therapeutic Goods Administration

Warnings

If symptoms persist consult your healthcare practitioner (or words to that effect).

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Powder

Route of Administration Oral

Visual Identification

Active Ingredients

acetyl levocarnitine hydrochloride	167.86 mg/g
ascorbic acid	5.43 mg/g
calcium pantothenate	7.14 mg/g
magnesium amino acid chelate	428.57 mg/g
Equivalent: magnesium	42.86 mg/g
nicotinamide	7.14 mg/g
potassium iodide	14.01 microgram/g
Equivalent: iodine	10.65 microgram/g
pyridoxine hydrochloride	3.57 mg/g
Equivalent: pyridoxine	2.94 mg/g
Rhodiola rosea root Extract dry concentrate	17.86 mg/g
Equivalent: Rhodiola rosea (Dry)	71.43 mg/g
riboflavin	3.57 mg/g
selenomethionine	17.86 microgram/g
Equivalent: selenium	7.14 microgram/g
thiamine hydrochloride	5.43 mg/g
zinc amino acid chelate	7.14 mg/g
Equivalent: zinc	1.43 mg/g

Other Ingredients (Excipients)

calcium hydrogen phosphate

citric acid

Flavour

malic acid

maltodextrin

silicon dioxide

Steviol glycosides

Public Summary

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.