



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	273167	Chromium Excel
<b>ARTG entry for</b>	Medicine Listed	
<b>Sponsor</b>	McPherson's Consumer Products Pty Ltd	
<b>Postal Address</b>	Locked Bag 5018, Kingsgrove, NSW, 2208 Australia	
<b>ARTG Start Date</b>	21/03/2016	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Listed Medicines	

### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

### Products

#### 1 . Chromium Excel

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	8/10/2020
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#### Permitted Indications

Helps maintain/support healthy blood sugar/glucose

Aid/assist digestion/breakdown of dietary fat

Aid/assist/helps glucose/sugar/carbohydrate metabolism

Aid/assist/helps metabolism of (state vitamin/mineral/nutrient)

#### Indication Requirements

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

#### Standard Indications

No Standard Indications included on Record

#### Specific Indications

No Specific Indications included on Record

#### Warnings

No Warnings included on Record

#### Additional Product information

#### Pack Size/Poison information

<b>Pack Size</b>	<b>Poison Schedule</b>
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#### Components

##### 1 . Formulation 1

<b>Dosage Form</b>	Tablet, film coated
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<b>Route of Administration</b>	Oral
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**Visual Identification**

**Active Ingredients**

<b>chromic chloride hexahydrate</b>	<b>1.025 mg</b>
Equivalent: chromium	200 microgram
<b>Garcinia gummi-gutta fruit peel Extract dry concentrate standardised</b>	<b>500 mg</b>
Equivalent: Garcinia gummi-gutta (Dry)	2.5 g
<b>Gymnema sylvestre leaf Extract dry concentrate standardised</b>	<b>77 mg</b>
Equivalent: Gymnema sylvestre (Dry)	1.54 g
<b>hydroxycitrate complex</b>	<b>250 mg</b>
Equivalent: hydroxycitric acid	150 mg
<b>Piper nigrum fruit Extract dry concentrate standardised</b>	<b>5.37 mg</b>
Equivalent: Piper nigrum (Dry)	110 mg
<b>Plectranthus barbatus root Extract dry concentrate standardised</b>	<b>79.6 mg</b>
Equivalent: Plectranthus barbatus (Dry)	4.975 g

**Other Ingredients (Excipients)**

calcium hydrogen phosphate dihydrate  
calcium hydroxide  
Carnauba Wax  
colloidal anhydrous silica  
croscarmellose sodium  
hypromellose  
macrogol 400  
magnesium stearate  
maltodextrin  
microcrystalline cellulose  
povidone

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