



**Australian Government**  
**Department of Health**  
Therapeutic Goods Administration

## Public Summary

<b>Summary for ARTG Entry:</b>	178069	Coenzyme Q10 50mg
<b>ARTG entry for</b>	Medicine Listed (Export Only)	
<b>Sponsor</b>	Lifetime Pharmaceuticals	
<b>Postal Address</b>	Unit 5 110 Bourke Road, ALEXANDRIA, NSW, 2015 Australia	
<b>ARTG Start Date</b>	2/12/2010	
<b>Product Category</b>	Medicine	
<b>Status</b>	Active	
<b>Approval Area</b>	Export only Medicines	

### Conditions

Except where the sponsor has been contracted by an overseas party to manufacturer the goods and that party will be responsible for placing the goods on the market in countries other than Australia, the sponsor must have and shall retain, while the goods remain listed, evidence necessary to substantiate and support the accuracy of the indications in relation to the listed goods, and upon the request of the Head, Office of Prescription Medicines Authorisation Branch, Therapeutic Goods Administration, shall produce such evidence to this officer.

The sponsor shall hold stability data to support the claimed shelf life of the listed medicine according to the labelled storage conditions except where: (i) each overseas importer accepts responsibility for holding stability data for this product; (ii) the sponsor has a written agreement to this effect from each overseas importer; and (iii) the sponsor retains copies of all such agreements while the medicine remains listed on the ARTG.

This product must not be supplied for sale in Australia, including supply via duty free outlets.

### Products

#### 1 . Coenzyme Q10 50mg

<b>Product Type</b>	Single Medicine Product	<b>Effective Date</b>	2/12/2010
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#### Permitted Indications

No Permitted Indications included on Record

#### Indication Requirements

No Indication Requirements included on Record

#### Standard Indications

Aids, assists or helps in the maintenance or improvement of general well-being.

#### Specific Indications

Q10 plays a crucial role in the production of energy in the cells.  
It aids circulation, stimulates the immune system, has vital anti-aging effects, and is beneficial for the cardiovascular system for strength and support.  
Supports healthy heart function.  
Powerful antioxidant.  
Free radical scavenger.

#### Warnings

Vitamins can only be of assistance if the dietary vitamin intake is inadequate. OR Vitamin supplements should not replace a balanced diet.  
Do not take while on warfarin therapy without medical advice.

#### Additional Product information

#### Pack Size/Poison information

<b>Pack Size</b>	<b>Poison Schedule</b>
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#### Components

##### 1 . Formulation 1

<b>Dosage Form</b>	Capsule, soft
<b>Route of Administration</b>	Oral

#### Visual Identification

#### Active Ingredients

<b>d-alpha-tocopherol</b>	<b>6.71 mg</b>
<b>ubidecarenone</b>	<b>50 mg</b>



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**Other Ingredients (Excipients)**

Colour

Gelatin

glycerol

purified water

Rice bran oil

Soya Oil

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Public Summary