



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	269433	Qiara Pregnancy & Breastfeeding
ARTG entry for	Medicine Listed	
Sponsor	PUREMEDIC HEALTH (OPERATIONS) PTY LTD	
Postal Address	Ground Floor 35 Cotham Road, Kew, VIC, 3101 Australia	
ARTG Start Date	8/02/2016	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

The sponsor of the listed medicine must not, by any means, intentionally or recklessly advertise the medicine for an indication other than those accepted in relation to the inclusion of the medicine in the Register.

All reports of adverse reactions or similar experiences associated with the use or administration of the listed medicine shall be notified to the Head, Office of Product Review, Therapeutic Goods Administration, as soon as practicable after the sponsor of the goods becomes aware of those reports. Sponsors of listed medicines must retain records of such reports for a period of not less than 18 months from the day the Head, Office of Product Review is notified of the report or reports.

The sponsor shall not supply the listed medicine after the expiry date of the goods.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . Qiara Pregnancy & Breastfeeding

Product Type	Single Medicine Product	Effective Date	12/08/2019
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Permitted Indications

- Maintain/support general health and wellbeing
- Maintain/support healthy digestive system function
- Helps maintain/support good/beneficial/friendly gut flora during antibiotic use
- Help restore good/beneficial/friendly gut flora after antibiotic use
- Helps enhance/improve/promote/increase healthy digestive system flora/good bacteria growth
- Maintain/support gastrointestinal system health
- Helps decrease/reduce/relieve symptoms of mild mastitis while lactating/breastfeeding
- Helps reduce occurrence of symptoms of mild mastitis while lactating/breastfeeding

Indication Requirements

- Label statement: Seek medical advice if symptoms persist for more than 12 hours or you to start to feel unwell (or words to that effect).
- Label statement: If you are concerned about the health of yourself or your baby, talk to your health practitioner.
- Mastitis must be qualified by mild.
- Product presentation must not imply or refer to mastitis due to infection.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

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If symptoms persist consult your healthcare practitioner (or words to that effect).

For further information, seek the advice of your healthcare professional.

Additional Product information

Pack Size/Poison information

Pack Size

Poison Schedule

Components

1 . Formulation 1

Dosage Form Powder, oral

Route of Administration Oral

Visual Identification

Active Ingredients

Lactobacillus fermentum 19.5 mg/g

Other Ingredients (Excipients)

maltodextrin

sodium ascorbate

sodium chloride

sucrose

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