

# **Australian Government**

## **Department of Health**

# Therapeutic Goods Administration

### **Public Summary**

Summary for ARTG Entry: 260090 Methyl B12 Chewable

ARTG entry for Medicine Listed

Sponsor FIT-BioCeuticals Limited

Postal Address Care of Blackmores Ltd PO Box 1725, Warriewood, NSW, 2102

Australia

ARTG Start Date 18/09/2015
Product Category Medicine
Status Active

Approval Area Listed Medicines

#### Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

#### **Products**

#### 1 . Methyl B12 Chewable

Product Type Single Medicine Product Effective Date 11/11/2020

# Permitted Indications

Helps convert (state food) into energy

Maintain/support energy production

Relieve weariness/tiredness/fatigue/feeling of weakness

Aid/assist healthy red blood cell production

Maintain/support healthy immune system function

Maintain/support (state vitamin/mineral/nutrient) levels in the body

Maintain/support nervous system function

### **Indication Requirements**

Label statement: If symptoms persist, talk to your health professional.

If product is indicated for supplementation, Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to serious immunological diseases.

Product presentation must not imply or refer to chronic fatigue syndrome.

Product presentation must not imply or refer to serious cardiovascular conditions.

## Standard Indications

No Standard Indications included on Record

# Specific Indications

No Specific Indications included on Record

### Warnings

Contains lactose (or words to that effect).

(If medicine contains one sugar) contains [insert name of sugar] OR (If medicine contains two or more sugars) Contains sugars [or words to that effect].

# **Additional Product information**

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# **Australian Government**

## **Department of Health**

Therapeutic Goods Administration

Pack Size/Poison information

Pack Size Poison Schedule

Components

1 . Formulation 1

Dosage Form Tablet, orally disintegrating

Route of Administration Sublingual

**Visual Identification** 

**Active Ingredients** 

mecobalamin (co-methylcobalamin) 5 mg

Other Ingredients (Excipients)

croscarmellose sodium lactose monohydrate

magnesium stearate

microcrystalline cellulose

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