



Australian Government
Department of Health
Therapeutic Goods Administration

Public Summary

Summary for ARTG Entry:	353354	MediHerb Everyday B Multi
ARTG entry for	Medicine Listed	
Sponsor	Integria Healthcare Australia Pty Ltd	
Postal Address	PO Box 4854, EIGHT MILE PLAINS, QLD, 4113 Australia	
ARTG Start Date	20/01/2021	
Product Category	Medicine	
Status	Active	
Approval Area	Listed Medicines	

Conditions

Colouring agents used in listed medicine for ingestion, other than those listed for export only under section 25 of the Act, shall be only those included in the list of 'Colourings permitted in medicines for oral use'.

The sponsor shall keep records relating to this listed medicine as are necessary to: (a) Expedite recall if necessary of any batch of the listed medicine, (b) Identify the manufacturer(s) of each batch of the listed medicine. Where any part of or step in manufacture in Australia of the listed medicine is sub-contracted to a third party who is not the sponsor, copies of relevant Good Manufacturing Practice agreements relation to such manufacture shall be kept.

The sponsor shall retain records of the distribution of the listed medicine for a period of five years and shall provide the records or copies of the records to the Complementary Medicines Branch, Therapeutic Goods Administration, upon request.

Where a listed medicine is distributed overseas as well as in Australia, product recall or any other regulatory action taken in relation to the medicine outside Australia which has or may have relevance to the quality, safety or efficacy of the goods distributed in Australia, must be notified to the National Manager Therapeutic Goods Administration, immediately the action or information is known to the sponsor.

Products

1 . MediHerb Everyday B Multi

Product Type	Single Medicine Product	Effective Date	21/04/2022
--------------	-------------------------	----------------	------------

Permitted Indications

- Antioxidant/Reduce free radicals formed in the body
- Helps reduce/decrease free radical damage to body cells
- Helps convert (state food) into energy
- Maintain/support energy production
- Maintain/support general health and wellbeing in healthy adolescents
- Maintain/support general health and wellbeing
- Aid/assist healthy red blood cell production
- Maintain/support red blood cell health
- Maintain/support healthy immune system function
- Maintain/support healthy immune system function in healthy adolescents
- Aid/assist/helps glucose/sugar/carbohydrate metabolism
- Maintain/support (state vitamin/mineral/nutrient) levels in the body in healthy adolescents
- Maintain/support (state vitamin/mineral/nutrient) levels in the body
- Maintain/support (state vitamin/mineral) within normal range in healthy adolescents
- Maintain/support (state vitamin/mineral) within normal range
- Support healthy stress response in the body in adolescents
- Support healthy stress response in the body
- Aid/assist/helps synthesis of neurotransmitters

Indication Requirements

Product presentation must not imply or refer to serious immunological diseases.

If product is indicated for weight loss, label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Label statement: When used in conjunction with a program of reduced intake of dietary calories and increased physical activity.

Product presentation must not imply or refer to mental illnesses, disorders or conditions.

Label statement: [Vitamins/minerals/nutrients/dietary supplements] can only be of assistance if dietary intake is inadequate OR [Vitamins/minerals/nutrients/dietary supplements] should not replace a balanced diet (or words to that effect).



Australian Government
Department of Health
 Therapeutic Goods Administration

Product presentation must not imply or refer to lowering or raising blood sugar/glucose levels from outside of the normal healthy range.
 Product presentation must not imply or refer to serious cardiovascular conditions.

Standard Indications

No Standard Indications included on Record

Specific Indications

No Specific Indications included on Record

Warnings

WARNING - Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible.
 [Contains vitamin B6].

Not to be taken by children under 2 years old (or words to that effect).

If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist.

WARNING - When taken in excess of 3000 micrograms retinol equivalents, vitamin A can cause birth defects.

Adults only.

The recommended daily amount of vitamin A from all sources is 700 micrograms retinol equivalents for women and 900 micrograms retinol equivalents for men.

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

For practitioner dispensing only.

Vitamins and minerals can only be of assistance if dietary intake is inadequate OR Vitamin and/or mineral supplements should not replace a balanced diet.

Additional Product information

Pack Size/Poison information

Pack Size	Poison Schedule
-----------	-----------------

Components

1 . Formulation 1

Dosage Form Tablet, film coated

Route of Administration Oral

Visual Identification

Active Ingredients

ascorbic acid	75 mg
Biotin	50 microgram
borax	13.2 mg
Equivalent: boron	1.5 mg
calcium citrate tetrahydrate	56.9 mg
Equivalent: calcium	12 mg
calcium pantothenate	100 mg
Equivalent: pantothenic acid	91.6 mg
Equivalent: calcium	8.4 mg
choline bitartrate	50 mg
Equivalent: choline	20.77 mg
chromium nicotinate	81 microgram
Equivalent: chromium	10 microgram
colecalfiferol	.0025 mg
d-alpha-tocopheryl acid succinate	28.92 mg
dibasic potassium phosphate	34.1 mg
Equivalent: potassium	15 mg
inositol	30 mg
iron amino acid chelate	25 mg
Equivalent: iron	5 mg
levomefolate calcium	200 microgram

Public Summary



Australian Government
Department of Health
Therapeutic Goods Administration

Equivalent: levomefolic acid	185 microgram
lysine hydrochloride	35 mg
Equivalent: lysine	27.45 mg
magnesium citrate	43 mg
Equivalent: magnesium	7.05 mg
manganese amino acid chelate	250 microgram
Equivalent: manganese	50 microgram
mecobalamin (co-methylcobalamin)	200 microgram
menaquinone 7	5 microgram
molybdenum trioxide	90 microgram
Equivalent: molybdenum	60 microgram
nicotinamide	105 mg
potassium iodide	50 microgram
Equivalent: iodine	38 microgram
Equivalent: potassium	12 microgram
pyridoxal 5-phosphate monohydrate	25 mg
Equivalent: pyridoxine	15.95 mg
retinol acetate	.8843 mg
Equivalent: vitamin A	.7497 mg
riboflavin sodium phosphate	10 mg
Equivalent: riboflavin	7.5 mg
selenomethionine	186 microgram
Equivalent: selenium	75 microgram
thiamine hydrochloride	50 mg
Equivalent: thiamine	44.59 mg
zinc citrate	23.43 mg
Equivalent: zinc	8 mg

Other Ingredients (Excipients)

Acacia
calcium hydrogen phosphate dihydrate
calcium phosphate
colloidal anhydrous silica
croscarmellose sodium
dl-alpha-tocopherol
hypromellose
iron oxide black
iron oxide red
iron oxide yellow
macrogol 400
magnesium stearate
maize starch
medium chain triglycerides
microcrystalline cellulose
silicon dioxide
sodium starch glycollate
spray-dried glucose syrup
sucrose
titanium dioxide



Australian Government

Department of Health
Therapeutic Goods Administration

© Commonwealth of Australia. This work is copyright. You are not permitted to re-transmit, distribute or commercialise the material without obtaining prior written approval from the Commonwealth. Further details can be found at <http://www.tga.gov.au/about/website-copyright.htm>.

Public Summary